



June's Events



Featuring: Summer Camps



Poking Around Perth



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#### ARTBEAT

by Bill Buttle



"Excellent choice, Madame! If the artist were here, he would applaud your taste!"

#### See More Online!

To make it easier to connect the tactile papery version of the-Humm and the virtual screeny version, we are using these "See More Online" icons to indicate some of the special stuff that can only be found at <thehumm.com>. Anything that is indicated with that icon will be featured prominently on our home page (look for "June Online Exclusives" this month).

#### **Sweetening the Pot**

We'd like to hear from you, dear reader. Lately, we have been encouraging you to compose a question for our illustrious advice-giver Miss Write. Until June 10, click the "Ask Miss Write" button on the upper right-hand of any page, and your question can win two tickets to Doc Wuthergloom's Haunted Medi**cine Show** (taking place on Friday the 13<sup>th</sup>, no less — check page 4 for more details!)

New this month, we would like to introduce food blogger Rebecca Eide. Read about the good folks at Whitewater Brewing Co. on page 15, and then go to <thehumm.com> to find Rebecca's suggested recipe for Salted IPA Bagels! Also beginning in June, area librarians will be contributing articles for our new "Speaking Volumes" column — and suggesting reading lists that we will feature online. This month you'll find an article by Pam Harris on page 12, and her suggestions for books about home and community will be on our website.

And last but definitely not least, this issue features a great spread on area camps for kids on pages 18 and 19. Author Dagne Forrest is also part of the terrific team at Foil Media <foilmedia.ca> that has been working on our new website, so there will be about a gazillion great links to awesome area day and residential camps.



Hum



Back in 2012, David & Sandy Berry wrote: Our family recently visited New Brunswick and we were able to get a picture with our Humm in front of the St. George Gorge. We met some artists in the area and visited a few galleries. Our children enjoyed seeing the Bay of Fundy and watching the tides go in an out every 6 hours and 14 minutes!

Also in 2012, Reva Dolgoy wrote: I carried the Humm around with me to London and Paris, and my daughterin-law and my granddaughter took this photo of my son Sholem and me at the Tate Modern (the former Bankside Power Plant) - that is St Paul's in the distance over the Thames. By the way, I appreciate the Humms that you send me - it makes me feel very connected to all of you and it is heartening to see that the community is thriving.



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theHumm is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Smiths Falls, Burnstown, White Lake, Renfrew, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley where the arts flourish and entertaining characters run amok!

#### **Submissions**

By email or on disk.

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#### Thanks this month to:

All of the tremendous volunteers who came out to help with this year's tree sale in Mississippi Mills. The Town looks much greener because of you!

# Douglas MacDonald — **History Cast in Stone**

man. For the past 24 years, Douglas Mac-Donald has made his livelihood doing what he loves. The gargoyles and creatures that he creates in cast stone are his representamedieval times onward.

#### by Sally Hansen

MacDonald's cast stone sculptures refute his claim that he can't draw. His ability to replicate architectural images in his chosen three-dimensional medium is remarkable — so much so that five of his pieces are available on Parliament Hill at the Parliamentary Boutique. Four of them are miniature replicas of the much larger (3' x 3') squares that adorn four corners of the Centre Block. There are two images of Indigenous Canadians, one Acadian smoking a pipe, and one stonemason.

Each cast stone sculpture represents an interest and a learning experience for its creator. MacDonald loves architecture and he loves history. When his research and his travels disclose an interesting architectural adornment, he digs into the origins and the background of the image that was painstakingly rendered by a master stonemason from a previous era. Stonemasonry is one of civilization's oldest trades, so his subject matter ranges from ably by Norsemen. Discovered in 1831 on the Isle



He considers himself a lucky, lucky, lucky Pagan imagery through classical mythology across religious symbolism and icons all the way to secular and political ornamentation.

#### **Casting for New Ideas**

tions of and homage to the stone carvings MacDonald takes pride in the fact that he conthat adorn ancient stone buildings from stantly improves both the process and the materials he uses to replicate the decorative stone sculptures that adorn heritage architecture. Working from reference photographs, he sculpts a clay model from which he makes a mold. The shape and volume of each piece determines the attributes of its mold, and MacDonald has spent over two decades experimenting and perfecting the process.

Typically, he then fills the mold with a mixture of white Portland cement, stone chips and silica sand. He devises other mixtures and techniques to strengthen larger pieces. After the casting has cured, he usually applies a patina of iron and chromium oxide to give the piece the appearance of aged limestone. He finishes each sculpture with a sealer so that the piece can remain outdoors yearround.

#### **Going Berserk**

One of his favourite projects is his replication of many of the Lewis Chessmen. These 12<sup>th</sup>-century chess pieces were carved in walrus ivory, probof Lewis (and Harris) in the Outer Hebrides, they comprise one of the few complete surviving medieval chess sets.

(Permit me an aside. Following MacDonald's commendable research example, not only did your intrepid Humm arts reporter learn that the Isle of Lewis and Harris is the largest island of Scotland, my subsequent research at <harristweed.org> informed me that "by law only (handmade) fabric produced in the Outer Hebrides can be called Harris tweed.")

Much more relevant is MacDonald's explanation about the Lewis Chess piece known as the Berserker — who is depicted as biting his shield. When a customer requested a large Berserker instead of a gnome for her garden, MacDonald began his exploratory research. Berserkers are described in Old Norse literature as fierce, inhuman Viking warriors who fought in a frenzied, trance-like fury; ergo, the English word berserk. Historians conjecture that the consumption of psychoactive mushrooms and other drugs probably contributed to their fearlessness and ferocity.

The original Lewis Chessmen are owned and exhibited by the British Museum in London, which has 67 of the original pieces, and the National Mu-



seum of Scotland in Edinburgh, which has 11 pieces. Douglas Mac-Donald's replicas will be on display at Kiwi Gardens over Father's Day Weekend (June 14 and 15) during their annual Art in the Garden show at 687 Harper Road near Perth (267-7384, kiwigardens.ca).

#### Where's the Architecture?

Culture shock experienced as an eight-year-old child had long-term consequences for new immigrant Douglas MacDonald. He remembers the long boat ride that transplanted him and his family from Glasgow, Scotland, in order for his father to take a job as a hydro turbine engineer. "Where is the architecture?" he asked himself. The sprawling malls of the Scarborough region of Toronto were as foreign to him as the Sahara Desert would have been. In fairness, Scotland's history is much longer than Canada's; the Kingdom of Scotland was established in the 9<sup>th</sup> century, and the University of Glasgow was founded in 1451.

After high school, MacDonald decided to follow in a friend's footsteps and try his hand at commercial photography. After mastering the basics at Humber College, he left to take a job in advertising, becoming an apprentice with a studio in downtown Toronto. For ten years he photographed advertising material for companies like Maxwell House, Royal Doulton, Danone and Apple Computer. Eventually he found the work becoming a grind; "It wasn't creative enough; I was a technician at the mercy of the Art Director."

Luckily, serendipitously, some clay was left behind as a prop in a studio. He began playing with it and molding faces. He describes it as a realization that this was what he was looking for - a passion. Today he says, "I'm the luckiest person in the world. I've been sculpting replicas of architectural artifacts for 24 years and I love every aspect of it."

By 1992 he had begun exhibiting his dozen sculptures in shows in the Toronto area. By 1998 he exhibited a much larger number at Kiwi Gardens near Perth. He also picked up a real estate paper, and in 1998 he moved to his current home and Rue Royale Studio on seven acres at 1606 Hwy 42 in Phillipsville (Google says it's in Elgin), five minutes southeast of Forfar Dairy in Portland.

Today Douglas MacDonald has over 300 molds in his inventory and is constantly expanding his repertoire. He is a regular exhibitor at a large number of area art shows. His contact information and extensive show schedule are on the next page on the back of his Artist Trading Card. Our new website <thehumm.com> offers a gallery of images of his historically and architecturally inspired carvings, as well as other convenient and interesting links.



ſ	WHO	Douglas MacDonald	
		•	
	WHAT	Sculptor and Cast Stone Artist	
	WHERE	Rue Royale Studio, 1606 Hwy 42, Phillipsville, <rueroyalestone.com>, <rroyale@kos.net>, 359-6499</rroyale@kos.net></rueroyalestone.com>	
	WHEN	June 14 & 15, <b>Art in the Garden</b> , Perth, <kiwigar- dens.ca&gt;; July 4-6, <b>Rideau Lakes Studio Tour</b>, <rideaulakesstudioandgardentour.com>; July 19 &amp; 20, <b>Fantasy in the Forest Art Show</b>, Perth Road Village, 353-1997; Aug. 30-Sept. 1, <b>Sundance</b> <b>Artisan Festival</b>, Maberly <sundancestudio.ca></sundancestudio.ca></rideaulakesstudioandgardentour.com></kiwigar- 	
đ	WHY	"I enjoy learning about the history of each piece."	
1	(ARTIST-TRADING-CARD)		



# **Raising Our Voices**

The Valley Voices invite you to their spring concert on Sunday, June 8, 7:30PM at the Almonte United Church.

Director Becky Schweizer has introduced the choir to a delightful and sometimes challenging selection of songs, such as music from The Hunchback of Notre Dame. The choir will also sing some old favourites, including Penny Lane, The Pink Panther and We Rise Again. It would not be possible to produce these songs without the magic fingers of pianist Carol Mortimer — especially The Boogie Woogie Bugle Boy, which has a dynamite piano solo.

Tickets are \$7 (\$10 at the door) and are available at Baker Bob's in Almonte or from any choir member. Proceeds are shared with the Mississippi Valley Textile Museum, where the choir has its weekly rehearsal. For information, please call Amanda Becking at 256-0134 or Fern Martin at 624-5104.

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# **Pre-Puppets Up-Date!**

Leading up to this year's festival, Puppets Up! will **The Big Event** Museum to present **Doc Wuthergloom's Haunt**-This "ghoulish spectacularama" is a Victorian-Gothic parlour magic show, complete with a cast Eldritch Theatre in Toronto) sings, plays the ukulele, exorcises a potato, swallows razor blades and re-enacts his macabre life story: an otherworldly

tale of love, loss, murder and revenge from beyond the grave. Doc Wuthergloom's Haunted Medicine Show is highly recommended for horror fans, lovers of kitsch, and followers of all things odd and bizarre. This is good old-fashioned freaky fun! Tickets are \$20 each and can be purchased at the door, or in advance at MVTM or Baker Bob's. Although puppets are involved, this is a 16+ event — we don't want to traumatize any wee ones!

#### **Puppet Workshops**

The festival's workshop series is one of the finest in all of North America. In partnership with JB Arts, the next two workshops will focus on production and creation. On June 7, Trish Leeper will offer Performing

worked extensively with Jim Henson's Muppets on The Jim Henson Hour and numerous Muppet Street/Sesame Park.

Adam Zimmerman (aka Zip-E) will present the Big Creature Puppet Workshop, a fun family project for parents and kids. Participants will build their own large-scale puppet-type creature, and it is hoped that completed puppets will walk in the festival's daily parades. Be sure to contact JB Arts at 220–3005 or <bookwhen.com/jbarts> workshops.

be partnering with the Mississippi Valley Textile On August 9 and 10 in Almonte, the tenth anniversary edition of the **Puppets Up! International** ed Medicine Show, on Friday the 13<sup>th</sup> of June, at **Puppet Festival** will celebrate a whole decade of the MVTM, 3 Rosamond Street East in Almonte. creativity, imagination and fun with what promises to be the best festival yet!

"This year's festival will have a really special of creepy puppets. The doctor (Eric Woolfe of the lineup of talent," promises Artistic Director Noreen Young. "Headlining the festival is Leslie Carrara-Rudolph — the voice and hands behind Sesame Street's puppet character Abby Cadabby — with her show

Leslie and Lolly Make Stuff *Up.* Famed puppeteer Margrit Gysin is coming from Switzerland with her charming show, and Little Feet Theatre from Italy will be performing their own unique brand of puppetry. Also returning to Almonte are festival favourites Tanglewood Marionettes with their new show An Arabian Adventure, as well as the phenomenal Frogtown Mountain Puppeteers — back for their eighth year!"

This much-loved festival brings visitors from far and wide to enjoy not only the puppet performances, street entertainment, daily parades, kids craft tent, and vendor and craft markets, but also to experience everything else that Almonte has to offer! For

Puppets for TV or YouTube. With a background many, the festival marks the first time that they in mime, movement, mask and theatre, Trish be- have visited the town... but once they've felt the gan her career as a puppeteer playing Ma Gorg warm welcome (and delicious food and interesting in the TV series *Fraggle Rock*. Since then she has shops and beautiful heritage buildings and river) of The Friendly Town, they know they'll be back soon.

Festival coordinator Donna Quince is impressed specials, as well as ongoing characters for *Sesame* by the number of residents who volunteer to keep the festival viable. "This festival only exists thanks to On June 22, professional puppeteer and clown the hundreds of volunteers who come out to help — year in, year out. With the generous gift of their time, they show how much they value Puppets Up! We're also very grateful to area families who open up their homes to billet puppeteers from far away."

The festival is still in need of donations and sponsorships, so if you'd like to contribute to this incredible event, please visit <puppetsup.ca> (and click to register for either or both of these fantastic Donate) or contact Donna Quince at <media@puppetsup.ca> or 721-0164.



Don't miss Doc Wuthergloom's

Haunted Medicine Show... in

Almonte on Friday the 13th of June!

at Riverguild Fine Crafts 51 Gore St. E, Perth On. Spring 2014 Watercolours - June 19-July 6 Vernissage - Thursday, June 19 5-8 pm



# **Poking Around Perth...** With a Paddle!

As promoters of the prodigious panoply of attractions proffered out here in the Valley, we at theHumm are always on the lookout for new ways to lure out poor unsuspecting visitors. Once we've sneakily managed to tempt them out to the charming small towns, pastoral landscapes or breathtaking wilderness, we crassly deliver them into the clutches of fearsome Valley folk - knowledgeable outdoor enthusiasts, talented artists and craftspeople, and Cordon Bleu-trained chefs, among many others. We then dust off our hands, mutter "bwah, hah hah!" under our breaths, and go looking for our next victims...

Well, we're happy to report that we've found yet another great reason to spend a day (or week!) in the Valley. We received an invitation from two delightful individuals to visit their new venture — **Perth Outfitters** — located along the banks of the Tay River right a coffee, back when the snow was still on the ground, and ended up spending several hours chatting with convivial owners Jeanie Brummitt and Ian Pearson about their new addition to the ever-expanding list of "What to do in the Valley".

#### Having A Blast

The first thing you'll notice about Jeanie and Ian is that they absolutely love what they do. Their enthusiasm for this project, which only got underway in 2012, is boundless and contagious, and fortunately for the rest of us they have found the perfect place to implement it. As explained on their terrific website <perthoutfitters.com>, "we created an outdoor business that represents a lifestyle; carefully designed to be accessible and inclusive of all ages, to be healthy, active, and foster good times and fun. Hence the tag, 'Having a Blast!."

So what exactly are they doing to ensure that the rest of us can all have a blast? So glad you asked! They are throwing the gates of their beautiful waterfront property open to the public, providing us all with boats to rent for an hour, a day, or a week, and then expand-



by suggesting specific trips into Perth and to other destinations, such as the Beveridge Locks, the Tay River and marshlands, and nearby parks and lakes. Before and after your trip, you can hit a bucket of golf balls or play mini-golf on their natural course ("no wind-



Where's the latest, greatest place to play in the Valley? If paddling's your thing, Perth Outfitters may be right up your creek!

across from the Last Duel Park and Campground. We dropped in for mills or neon here!"), take your picture on their giant Adirondack chair, and generally hang out and relax on their beautiful deck and docks (disc-golf and soccer-golf are coming soon too).

Because the boats themselves are a key part of the Perth Outfitters experience, Ian and Jeanie have put a lot of time and research into choosing the vessels they rent (and sell). Their flotilla currently includes a classic Newfoundland Rowing Dory (built by Newfoundlander Lloyd Dennis in Springbrook, ON, and big enough to fit a whole family), Paluski canoes and kayaks (they are an authorized dealer of these Canadian-made boats, so you can try them out on site if you're thinking of buying one), Boston Whaler motorboats, and even stand-up paddleboards. All rentals include paddles, lifejackets and safety kits, and off-site rentals also include boat trailers or rooftop carry kits and tie-downs. Most boats are available to rent by the hour, but they make it really cost-effective to rent by the half-day, day, or week, so plan to stay for a while!

#### **Partners in Perth**

As an experiential destination, Perth Outfitters is keen on promoting other things to do in the area. They are only a five-minute paddle to the Perth Basin, where you can paddle around the fountains, tie up at the municipal docks, and wander into downtown Perth to explore the shops, restaurants and farmers' market <perthfarmersmarket.ca>. In fact, the nearby Sunflower Bake Shop <sunflowerbakeshop.com> has built a dock especially for Perth Outfitters' clients!

So we hope we've done it again, folks — found yet another sneaky way to tempt you out to the glorious Ottawa Valley. You can contact Perth Outfitters through their website <perthoutfitters.com> or give them a call at 1-855-233-2121. You'll also find links to these and many other attractions at <thehumm.com>, so don't delay - come have a blast in the Valley today! — Kris Riendeau





# Sweet Summer Sounds of Perth

Postcards from Perth

minds me of my favourite dream: on June 20 at 8PM. you know, the one where it's okay comfy old Levis to Sunday dinner, which isn't a stuffy affair at all (like you might imagine in *real* life), but rather a lazy, sunshiny afternoon barbecue at the nicest cottage on the bluest, most serene lake in Ontario. And when the sun dips down, an ethereal orange and pink glow shimmers on the quiet waves, and I kick back in my Muskoka chair, cold beer in hand, while Jim Cuddy serenades me with Blue Rodeo songs.

#### by John Pigeau

You get the idea. Perth in June is pretty sweet. And also kinda epic, as evidenced by the fact that Elvis is coming to town, which is kinda awesomesauce, as some of the kids like to say. No, not the Elvis - imagine the crowds! the hullabaloo! the impossible logistics! — but the next best thing: a world-class Elvis impersonator. Elvis! Elvis! is, by all accounts, a brilliant portraval of Elvis as he was in 1956, starring world-famous tribute artist Gino Monopoli. Backed by The Blue zaniest events in Perth has been the Kilt Angels, Monopoli's shows often sell out very quickly, so if you'd like to experience the high-energy thrill of seeing The King in person, you'd best get yourself down to ShadowFax (67 Foster Street in Perth) pronto, where tickets are available for \$30.

There's even more music in Perth to fill to wear a Scooby Doo t-shirt and your Junelit nights. Cantores Celestes, a world-class women's choir founded and directed by Kelly Galbraith, will grace St. Paul's United Church with their diverse repertoire and sublime sound on June 7 at 7PM. The performance also features pianist Ellen Myer and organist Brad Mills. Tickets are \$20 and available at Tickets Please by phoning 485–6434, or visiting 39 Foster Street in Perth.

On June 14 at the Studio Theatre, check out **Perth Does Dylan** — an evening of musicians performing their versions of some of Bob Dylan's best songs. Auditions for this show were held in March, with auditioning musicians performing Tomorrow is a Long Time and one other Dylan song of their choice. The best of that crowd will perform on the Studio Theatre stage for what it sure to be a fun and entertaining show. For more information, including when the show starts and who made the cut, please call the Studio Theatre at 267-7469. You can also visit their website at <studiotheatreperth.com>.

In recent years, one of the coolest, liveliest, most ambitious, fun and arguably Run. In fact, one of the proudest boasts from many Perth residents has been: "I live in Perth — home of the world's largest kilt run." This year's edition, the fifth annual Perth Kilt Run, takes place on June 21, spanning an 8-km route that takes

Spending time in Perth in June re- Elvis takes the stage at the Studio Theatre runners through the beautiful and historic downtown core, weaving a path past many gorgeous sites along the way, with moneys raised for the Multiple Sclerosis Society. There are several new Scottish-themed additions to the festivities this year, including caber tossing, sling shot targets, and rolling whiskey barrels. All you need to do to take part in this Guinness Book of World Record-breaking event is to register and run the course wearing a kilt. For more information, please visit <perthkiltrun. blogspot.ca> or call 264-8904.

Thinking ahead to July, the 28th annual Perth Antique Show and Sale takes place on July 5 and 6 from 10AM to 4PM at the Royal Canadian Legion Hall (26 Beckwith Street East). Thirty-two dealers from as far away as Quebec and Western Ontario will offer a broad range of quality antiques, including fine examples of art, china, glass, silver, textiles, jewellery, brass, tools, furniture, folk art and decorative accessories, as well as popular retro and nostalgic collectibles. Dealers are set up in the air-





In June and early July, Perth welcomes Elvis and Dylan (well, sort of), the Kilt Run, the Perth Antique Show (below left) and Shaker furniture-maker Graeme Fenwick (above)

conditioned hall and outside under tents along the picturesque tree-lined Tay Canal. This is always a fantastic and diverse show with no shortage of antiques to peruse. Admission is \$7. For more information, please contact Bill at 283–5270 or visit <perthantiqueshow.com>.

And last but not least... After twenty years of making furniture in Carleton Place, Graeme Fenwick of Simply Shaker has moved his shop to 207 Gore Street East in Perth. A stone century house is the backdrop for the solid cherry wood Shaker furniture, all of which is made in the old wooden coach house to the rear of the house. To view the furniture, visit the house by appointment by calling 253–5323 or just take a chance and drop by. You can also see his work at <simplyshaker.ca>. Welcome to town, Graeme!

# Join us for our Grand Opening! Sunday, June 29th, 2014 2-5pm

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# **Brilliant Guitarist** to Appear at MERA

One of the country's most sought-after ten new songs, including two instrumenguitarists is coming to MERA in McDon- tals, and is an amalgam of roots rock, ald's Corners.

At 2PM on Sunday, June 29, Toronto producer Jason Fowler will perform at the final Sunday Schoolhouse Concert of inaugural year of the series.

Jason Fowler is a highly-respected musical force. He has released six independent CDs under his own name and has played on over 100 albums. In addition to his own successful solo career, Fowler is currently the musical director and guitarist for renowned Irish tenor John McDermott, and has toured with him since 2001. A long-awaited collaboration between John McDermott and Fowler resulted in The Old House - a rare and honest acoustic recording. "I've worked with John McDermott since 2003," says Fowler, "but this is our first CD with both our names on the front. It's a collection of old and new songs, sung by both John and myself. There are two new guitar pieces as well. We're both really happy with the way it turned out."

of Light, was released in 2010. It features gerstyle Guitar magazines, and has been



Catch Jason Fowler in concert at MERA on Sunday, June 29 at 2pm

country, folk and instrumental guitar.

His 2009 release, Buckets Of Rain, singer/songwriter, session guitarist and was recorded at his home studio and is a collection of favourite songs he's been singing most of his life - songs by Mississippi John Hurt, Blind Blake, Doc Watson, Bob Dylan, Arlo Guthrie, John Prine, Bruce Cockburn, Murray McLauchlan, Gordon Lightfoot, Tom Waits and Hoyt Axton.

A two-time winner at the Walnut Valley National Guitar Championships, in both the fingerpicking and flatpicking categories (a rare accomplishment), Fowler is acknowledged as one of Canada's most gifted guitarists. He has played with a who's who of the Canadian roots music scene including Anne Lindsay, April Verch, Amy Sky, Marc Jordan, Susan Aglukark, The Cottars, Quartette, Susan Crowe, Nana Mouskouri, Murray McLauchlan, Brent Titcomb, Ian Tamblyn, Jory Nash, Ember Swift, Madison Violet, and Evalyn Parry. He has opened for Robert Plant, Steve Vai, Deep Purple and Ted Nugent, has Fowler's latest solo recording, Lumens contributed to Acoustic Guitar and Fin-

recognised as one of Toronto's finest music teachers in a NOW magazine Reader's Poll.

Jason Fowler appears at MERA Schoolhouse in Mc-Donald's Corners on Sunday, June 29, at 2PM. Advance tickets are \$22 (including service fees), and are available from Tickets Please at 39 Foster Street in Perth (Jo's Clothes), by phone at 485-6434 or online at <ticketsplease.ca>. Tickets can be reserved at Tickets Please and held for pick-up at the door.



Here's some great news for area authors: contest, please phone (or better yet visit) there will now be a Perth Chapter of the Ottawa International Writers Festival, which is without question one of the best literary festivals in Canada. Please watch for more exciting details on that to come in next month's issue of theHumm, but for at <writersfestival.org>. now we're happy to tell you that Perth's booksellers have come together to sponsor the first annual Writing Contest.

The contest, run by the Perth Chapter of the Ottawa International Writers Festival and open to all Perth and area residents, has two categories - one for students aged 13-17, and another for adults (18 years and older). In each category, contestants — all you budding authors out there — can enter a short story (maximum 1500 words) or a short work sent a Scottish poem "spoken word" style; of non-fiction or an essay (maximum 1500 words). Entries will be judged by a "blind jury" consisting of members of the Perth Writer's Guild. First prize in each category is \$75. Second prize is \$25.

The deadline for entries is August 1, so you've lots of time to get going. If you'd like more detailed information about the

one of Perth's quality booksellers, including The Book Nook & Other Treasures, Backbeat Books and Music, The Book Worm, The Word, and Blackwood Originals. You can also look for the "Perth page"

And this just in (yes, theHumm has breaking news just like CNN!): one of the Perth Chapter's key members, Leslie Wallack, owner of The Book Nook & Other Treasures, has just informed us that the Writers Festival will have a tent at Stewart Park on June 21, the day of the Kilt Run. She says it will be "a celebration of writing and the arts with a Scottish flair! Perth Studio Theatre will perform scenes from a Scottish play; Live Poets Society (LiPS) will preand award-winning author Roy McSkimming will read some Scottish folk tales."

"Plus we'll have a kids' zone for writing and colouring with a Scottish theme," Wallack adds, "and details on the writing contest and information and tickets for events at the August 22-23 Festival." — John Pigeau





# Stop & Smell the Chocolate

# **Lollygagging Around the Valley** Cheap & Easy? Look No Further...

ny. After pondering how I would like to spend this summer (instead of letting it just pass in a blur as usual), and considernot, and how much free time I don't have, I concluded that I need cheap

#### by Rona Fraser

and easy fun this summer. Sound good? I've come up with two key strategies to accomplish this: staying home and local travel.

The "staying home" part is simple: unscheduled time in the garden or kitchen, having friends over for a meal. The "local travel" I am referring to is simply taking day trips.

When I lived in England, every Saturday I would take the bus into town and wander farmers' market, wool and book shops, clothes shops, a leisurely lunch with a book, and perhaps an afternoon movie. And now? I don't know whether it is my augmented work/volunteer/socializing schedule, age, or simply the way of the world, but I never seem to have that kind of time to... you know... lollygag. Everything is scheduled.

So this summer I am planning to have many more lollygagging days (and half-days!), both in my own town and in areas within day-trip reach; I will FORCE myself to lollygag around the Valley — the things I DO for you people and report back.

#### **A Leisurely Saturday**

As I've only just thought of this story idea at the end of May, I've 10AM-2PM), or take a wander not much time for lollygagging down Mill Street. In addition

my tagline on e-Harmo- about I start with what I already know: Downtown Almonte. Next month I promise more varied locales.

Firstly, if you are an experienced cyclist, an inexperienced ing how big my budget is cyclist, or just like how your butt looks in bike shorts, you have *got* to visit Almonte in June. It's Mississippi Mills Bicycle Month!

There will be a slow race, fast races, the annual bird tour ... See <mmbm.ca> for all their events and information.

Whether you arrive by bicycle, motorcycle, car, or Volkswagon Bus (welcome BusFusion!), Downtown Almonte is a great place to lollygag, due to its conveniently compact set-up. Most shops and restos are open on Sundays, but if you are coming for the Farmers' Market, a Baker Bob's cinnamon bun, or a chocolate factory tour, best visit on Saturday.

So on Saturday morning, start at the top of Mill Street at the Farmers' Mar-

**ket** <almontefarmersmarket.ca>, where, from 8:30AM to 12:30PM, you will find fresh veggies, meat, delicious baked goods and prepared foods (gluten-free, vegan, and, um, normal), maple products, preserves, plants, pottery... and maybe some live music! You may find some **Barley Shakers**, or on June 7, from 10:30AM to noon, catch Notre Dame Catholic High School's RetroActives, under the direction of Tony Stuart (whose name you may recognize from past performances or his column in theHumm). Relax on the grass by the market, cool off in the library (open Saturdays

No, "Cheap & Easy" is not before we go to print, so how to some funky shops, several antique dealers and art galleries, the food selection ranges from quick snacks to fried foods to elegant dining. Or perhaps you bought something at the market or brought your own?

How about a scenic walk first? Turn right when leaving the market towards the Old Town Hall,



hall upstairs and a tourist Info Centre at its base. Beside it, the Riverwalk begins: follow the path along and over the Mississippi River, through gardens, past old mills, perhaps stopping at a bench (or pub patio!). Or plop your towel down under a tree, get out your book, and enjoy the sound of the rushing water. Alone or with friends, just relax and enjoy the summer air.

After taking the required photos of the falls (beautiful when rushing and when dry), turn back towards Mill Street for an ice cream at Waterfall Delights. Or first cross the busy street at the bottom (carefully!), onto the

path to Metcalfe Park. You can stop by Mississippi Mills Muthen lounge by calmer water, you know, to determine which is your favoured relaxation backdrop.

Also nearby, on the island (yes, island), is the **Mississippi Valley** Textile Museum, with a woven fabric display through June, and a nifty gift shop!

Re-energized, walk back up a beautiful heritage building that Mill Street, checking out the cool

shops, the James Naismith statue, and the Old Post Office (with the old working clock on top). If it's a Saturday, between 12–4PM, veer left onto Little Bridge to visit Hummingbird Chocolate's shop (you may have seen their single-origin bars for sale throughout Ontario and Quebec). They also give groups of four or more a 10-minute tour.

than *by* the water? Go left at the top of Mill Street, then right before the bridge. A couple of blocks down is the Almonte Fairgrounds and Almonte Beach (super-

includes a CBC-worthy concert vised mid-June to August). Don't try the beach June 5–8 though, as the Fairgrounds will be hopping with **BusFusion**! Instead, check out their VW buses.

> On the way out of town on a Friday or Saturday (in the Ottawa direction), turn right at the Tims and, past the Independent, find HFT (Healthy Food Technologies, but don't let the "health" word scare you). Look for the "Donuts Today" sign and you'll find delicious doughnuts with less fat content, due to their special cooking technology.

> Another tasty place to stop on your way out of town is the mall behind the RBC (451 Ottawa

sicworks to check out the instruments or sign up for a class. Then at **Dandelion Foods**, pick up whatever local produce you missed at the Market or perhaps some organic, gluten free and/or vegan treats - might I recommend The Bread Lady's glutenfree quiche (from Arnprior) and GF vegan cheesecake from The Raw-Curious Kitchen (from Renfrew). The last stop is a story in itself (see equator.ca). At Equator Coffee Roasters' café, get an iced coffee or tea or cookie, or SweetCheeks (Almonte) glutenfree treat. Get it for the road or, better yet, why not sit a spell and enjoy the last bit of your lollygaggery. Savour the day and the coffee. You deserve it!

#### **How About You?**

Rather be in the water I'd love to hear your recommendations for where to lollygag in the Valley. Send them to me at <rona@thehumm.com>. Even better — how about a photo of you lollygagging at a favourite spot in the Valley... perhaps posted to our Facebook page. #Valleylollygagging!

#### **Before You Depart**

Before you head out on your own lollygag, here are some tips to help you get the most out of your time. Bring a cooler (for possible purchases), a beach towel or lawn chair, a book (a real one, which can survive sand, water, heat), a notebook and pen (for the brilliant ideas that hit you when you are all relaxed and enjoying your surroundings), and maybe some snacks and a bottle of water. If you hike or bike, bring a cooler bag in your backpack (trust me on this), along with your book,





# **Celebrate Our Rivers** This Summer

Project (BRWP) is partnering with numerous other organizations and municipalities this summer to bring group paddle opportunities to residents and visitors. Some of the events will also feature local food and entertainment, and all will feature plenty of fun! The group paddles scheduled for June 7 and August 9 offer the option of booking a seat in a 6-person Explorer Canoe (supplied by the Ottawa River Canoe Brigade). Pre-register, bring your



The good folks at the Bonnechere River Watershed Project are making it fun and easy to get out on the river(s) this summer!

canoe or kayak. and join others in frew to the Ottawa River Pad-Celebrating Our Rivers!

Saturday, June 7, with the 3<sup>rd</sup> annual **Wilber Lake to Eganville** the end of Mutual Street in Ren- com> or 1–800–957–4621 x226. Celebrate Our River Paddle. After the morning registration at the Eganville Arena, a shuttle will be provided to the put-in at Wilber Lake. The two-hour paddle will end at the arena at approximately 1PM, where Ottawa Valley Food Co-op vendors will be offering delicious local food for lunch to paddlers and anyone else looking for something different, while taking in some local musical entertainment including an open-mic session. Registra-

The Bonnechere River Watershed tion can be done online at <Cel- ville to Fourth Chute Paddle ebrateOurRiver.ca> for \$10 per and Fiddle will be followed by person in advance, \$13 on site. Optional reservations are available in 6-person canoes for an additional \$20 per person. This paddle is being organized by the BRWP and the Township of Bonnechere Valley.

The following week, on Saturday, June 14, the Ottawa River Institute and the Muskrat Watershed Council are partnering with the BRWP to bring a **pad**dle excursion to the Snake Riv-

> this mostly-undiscovered river Paddle can be viewed on the BRWP webregister by emailing <info@BonnechereRiver.ca>.

the 2<sup>nd</sup> annual Bonnechere **River from Ren-**

dle and (inaugural) Clean-up, frew, for \$5 per person. Paddlers shoreline stop at the First Chute, after a few minutes of clean-up. This paddle is being organized in partnership with the Ottawa River Institute and you can register by emailing <info@BonnechereRiver.ca>.

On Saturday, July 12, something special happens when live er Watershed Project website fiddlers take to the river with the paddlers for a unique nature and musical experience. The Egan-

an optional BBQ and Fiddle Do at the Bonnechere Caves. Registration will begin at 1рм at Bonnechere Caves, and paddlers will be shuttled to Eganville for putin at 2:30 for a two-hour paddle. Register by emailing <info@BonnechereRiver.ca>. The cost is \$10 per person for the paddle, \$10 per person for optional Fiddle Do (bring your own lawn chair and cooler; the fee is to remunerate musicians) and \$5 for optional er, beginning at BBQ. This event is organized by 9:30AM. Explore the BRWP and the Bonnechere Caves.

#### Another Paddle and Fiddle for \$5 per person. will be held on Saturday, Audetails gust 9, on the Madawaska River from Cherry Point Park (just downstream from Calabogie) site and you can to Burnstown. Registration will begin at 1PM at the Burnstown Beach, with a shuttle to Cherry Point Park for put-in at 2:30, for a S a t u r d a y, two-hour paddle at \$10 per per-June 21, will see son. Seats in a 6-person canoe can be purchased for an additional \$20 per person. An optional \$12 BBQ at Neat Coffee will be followed by a Fiddle Do from 7–9рм at \$10 per person. To The paddle series will begin on with a start time of 9:30AM, at the register, contact Geoff Patterson wastewater treatment facility at at <recreation@mcnabbraeside.

Also of interest to water-lovwill bring their own lunches for a ers this summer are the Ottawa **Riverdrive Festival** at Red Pine Bay in Braeside on June 28 (see mcnabbraeside.com) and the annual Round Lake Flotilla on August 2, beginning at 7PM at the Round Lake Centre Boat Launch <killaloe-hagarty-richards.ca>.

Visit the Bonnechere Rivevents page for more information <bonnechereriver.ca/brwpevents>

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THE PLENTIFUL PANTRY 805 an Toronto Women's Choir St. Paul's United Church Music Team Presents: UNTRAVELLED WORLDS Renaissance to Contemporary Classical to Celtic, Celebrating Joy! Directed By: Kelly Galbraith Pianist: Ellen Meyer Organist: Brad Mills SATURDAY JUNE 7<sup>th</sup>, 7:30PM St. Paul's United Church, 25 Gore St West, Perth **ADMISSION \$20** Tickets may be purchased at the church office, or at Tickets Please, 39 Foster St, Perth. Call 613-485-6434 or buy online at www. ticketsplease.ca. A portion of the proceeds will be donated to Lanark County Interval House WWW.CANTORESCELESTES.COM WWW.STPAULS-UC-PERTH.ORG The Perth Citizens' Band

**Summer Concert Schedule** Concerts take place every second Thursday at the bandstand behind Town Hall in Stewart Park.

Free admission – please bring a lawn chair. **June** 12 at 7:30PM **June** 26 at 7:00PM

> (Rotary Strawberry Social) **July** 10 & 24 at 7:30рм

August 7 at 7:30PM (WWI Commemoration Concert)

**August** 21 at 7:30PM

For more information call 256-4221 or visit www.perthband.ca.

ginger cafe vegetarian buffet • coffee & juice bar open 7 days/week from 9am-4pm lunch buffet monday-saturday 11:30am-1:30pm dinner buffet friday 6-9pm we roast our own fair trade coffee beans vegan & gluten-free options fresh pressed juices & smoothies private parties, catering & custom orders 132 coleman street, carleton place gingercafe.ca | 6|3.492.1345 visit us on facebook (gingercafecp)

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June 2014

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# **Humm Bits**

#### **Culture has a Doors Open Policy in Smiths Falls!**

The one-day annual Doors Open event on June 8 in Smiths Falls is part of a province-wide celebration and provides unique opportunities to explore and enjoy interesting places and spaces — all free of charge!

Mark your calendars and come commemorate the First World War in Smiths Falls, this year's provincial Doors Open Ontario theme. Events inspired by the theme will include an exhibition at the Heritage House Museum with a photographic focus on Smiths Falls during the First World War era, guided tours of Hillcrest Cemetery where interpreters will recount the unique stories of Smiths Falls citizens and mark the stones of our war veterans, and displays of artifacts from the Great War at the Royal Canadian Legion Branch 95 and Trinity United Church (who will also be playing music of the era).

Explore the sites, see what they have to offer and come for an exciting day of local heritage (please note that opening times may differ at some sites). Volunteers are waiting all over town to welcome you! A complete list of participating sites can be found at <doorsopenontario.on.ca/Events/Smiths-Falls.aspx>.

#### **Arts Carleton Place Presents a** Workshop for Visual Artists

Andrea Warren, the representative for Golden Paint, is coming to Carleton Place to give a 2½-hour demonstration of the Golden line of products. This event will be packed with information and techniques on Golden products, and you will get to take home information packages and sample products. The last half-hour will be a question and answer period.

The workshop takes place from 9AM to noon on Saturday, June 14, at the Carambeck Community Centre (351 Bridge Street in Carleton Place). The cost is \$25 at the door, or \$20 if paid prior to June 10. Phone 253-4716 to pre-register or download a registration form at <artscarletonplace.com>.

#### **Chefs and Foodies Take Note**

This year, Lanark County Farmers' Markets are organizing a Lanark County Taste Tour, where area chefs and foodies will give food demonstrations at their local market. This month, you can attend demos in Almonte on June 7, in Carleton Place on the 14th, in McDonald's Corners on the 21<sup>st</sup>, and in Perth on the 28<sup>th</sup>.

#### Stop for Sauce in Almonte

On June 7, Marcel van Oort will be featured at the Almonte Farmers' Market, in the parking lot of the Almonte library. Marcel writes: "I have been passionate about cooking for many years. I grew up in Perth, and as the son of an entrepreneurial gardener and an artist, I have combined my influences to bring an artistic flair to my hot sauce business. I have been selling Sauce Stop sauces in Almonte since 2013, and will continue to do so at the farmers' market for the 2014 season. This year, I will be featuring a different Special Edition sauce each week at the market. I would like to demo a meat and vegetable dish if possible, featuring some of my sauces (possibly a grilled meat with barbecue sauce, and a cold veggie salad with a hot-sauce-based dressing), depending on what's available at the Almonte Farmers' Market on June 7."

For more details, please visit <almontefarmersmarket.ca>.

#### **Mississippi Grannies Stride to Turn the Tide**

The Mississippi Grannies will be holding their second annual Stride to Turn the Tide Walk to build awareness about HIV and AIDS in Africa and to raise funds to support African grandmothers and the children in their care. All funds raised will go to the Stephen Lewis Foundation, which works with community organizations in Africa to provide grandmothers with support such as food, school fees, income-generating activities, counselling and home visits.

Last year's Historic Walk in Almonte raised over \$2,700. This year the Walk will be held at the Mill of Kintail Conservation Area on Saturday, June 14. Registration will be from 9–10AM at the Main Gate, and the fee will be \$5. Participants can walk at their own pace, choosing from several looped trails and a short river walk through varied terrain. Donations can be made at <stephenlewisfoundation.org>. Participants may bring pledges collected from sponsors, or make a donation at the registration. The walk will go ahead rain or shine. Bring water, good walking shoes, and a lunch if you wish. For additional information, contact Joan Robinson at 256-5995.

# **That Competitive Edge**

Today's Marketing Tip: How to keep your competition from beating you to the punch...

#### by Patrick Arbour

usthink.

If you sell a product or service, you probably have a competitive edge.

Your soap leaves less film. Your cake mix makes moister cakes. Your hamburger is charbroiled, never fried.

And if your point of difference makes sense and is meaningful to the consumer, you tell them. And you sell them. And your shares grow. And your stockholders are smiling. And everything is right in your world.

Until one day, the competition comes along with a *different* point of difference. And it makes sense and is meaningful to the consumer, and off they fly to the competition, and what do we do now? Back to square one? Let's not give up that easily. Enter, Emotional Hard Sell.

Emotional Hard Sell starts with the belief that advertising which only *sells* the product is only doing half the job. This may sound like a contradiction in terms. In reality, it is a very special kind of creative philosophy. At its foundation is the belief that the competitive edge your product has over another is tenuous at best.

"Advertising that only sells the product is only doing half the job." A rather brash statement, when you consider how difficult it is just to sell products these

days. But think about it. If most between the product and the consumer, how do you keep your competition from knocking you off with an even more compelling piece of logic?

We can build into our marketing and advertising something that is a unique point of difference, something much more difficult to duplicate.

#### **Emotional Hard Sell**

Most creative advertising tries to build one strong link between the client's product and the consumer. When that link is broken (for whatever reason), sales go down.

Emotional hard sell is a way of building two bridges to the consumer: one to the heart (emotional); one to the mind (hard sell). You may have heard of it as right brain/left brain, but it has the same effect.

An excellent example of the advertising offers a logical link effect of emotional hard sell has to be the advertising we have seen in the past for Michelin tires. One day the good people at Michelin realized that they had a tire that was as good as the next guy's, was priced like the next guy's, was as easily available as the next guy's, but wasn't selling quite as well as the next two guys'. On that day, they had another look at their advertising and realized that the only reason for a consumer to purchase a set of Michelin tires was a rational one: because they needed tires. With that as the only reason, product technology and price being equal, anybody's tires would do.

Michelin needed an emotional factor working for them. Enter the baby. The use of a baby alongside the Michelin tire in their print and television said "safety" to the consumer. "All

#### ntil one day, the competition comes along with a **different** point of difference...

`J/

is that, as brand sales go up, so does your brand loyalty - the kind of loyalty that doesn't breakcompetition improves their competitive edge.

It also means that the advertising dollars you spend this year are not only reflected in this year's bottom line; rather, you that your customers are looking reap the benefits of those dollars for. over a much greater period of time. And ultimately, that's what builds brands.

The result of this double link tires being relatively equal in the between product and consumer marketplace, I think I'll take the safe one - the Michelin." Emotion became the deciding factor in the purchase decision. The fact down easily, even when your is, the other tires are equally safe - they just didn't say it loudly enough.

When you're developing your advertising, look for and bring forward the emotional benefit

P.S. You didn't miss the Branding article, I just changed my mind. It happens.



# JazzNfusion Comes to Almonte

There's great news for fans of live music and Almonte's JazzNhouse concert series — on Saturday, June 7, you'll have the chance to savour a wide variety of jazz music at the inaugural JazzNfusion mini-festival! Get off to an early start at **The Background** the Almonte Farmers' Market with a free concert while you shop for market goodies, then use your 3-concert pass to access any or all of the afternoon concerts taking place at the Almonte Presbyterian Church. A BBQ lunch will be available to help you keep up with the jazzy pace.

#### The Lineup

The day gets off to a great start at 10:30AM with a free concert by the RetroActives Stage Band at the Almonte Farmers' Market. Bring a chair, enjoy some market goodies and be amazed by this talented ensemble of high school musicians under the direction of Tony Stuart.

The indoor concerts begin at of JazzNhouse? 12:30PM when Jazz 'n Time takes to the stage at the Almonte Presbyterian Church (111 Church Street). This trio consists of Derek Ireland on piano, Adrian Steeves on bass, and Christian Raquin on drums; three accomplished musicians creatively presenting both jazz standards and originals.



James Cohen brings his Flamenco Jazz Quartet to Almonte's JazzNfusion

At 2:30pm you'll hear gypsy jazz at its finest from the James Cohen Flamenco Jazz Quartet. The quartet consists of James Cohen (guitar), Israel Martinez (guitar), Zeke Gross (sax), and Angel Araos (drums), and features a performance by flamenco dancer Georgia Pettit.

Ending off the day at 4:30pm is the Christine Fagan Trio. Behind the tributions as educators, mentors and rich contralto voice of jazz singer Chris- music leaders. It is a testament to these tine Fagan are two of Ottawa's jazz "dig- artists that they actively support this nitaries": master bass player John Geggie first-time event and will help promote and guitarist extraordinaire Roddy Ellias. This is about as good as it gets, and definitely not to be missed!

The 3-concert pass is just \$25 and is available at Mill Street Books until June 6 only. Due to space constraints at the venue (and the fact BusFusion visitors will be in town!), seating is limited, so please

buy your pass early. If space permits, there will be an admission of \$12 (cash only) per concert at the door. For more details, please visit <jazzn.ca>.

TheHumm caught up with JazzNhouse head honcho Arnie Francis to find out more about this inaugural event.

Humm: How long have you been working towards the idea of a mini Jazz festival?

Arnie Francis: We first came up with the idea in early 2013, with the second weekend of June 2013 in mind. It was only after we had seen the enthusiasm and growth in audiences, from our JazzNhouse private residence concerts to our two JazzNalmonte public venue concerts, that we decided we were going to give it a go!

#### Is JazzNfusion a logical extension

Somewhat. The mission of JazzNhouse was essentially to build an audience for jazz in the community and to see if it was sustainable. We have had great success with a very loyal house concert following, and these events are often starting to sell-out. We built on this by offering two JazzNalmonte concerts last December and again in February. These were also well received. So the logical extension is, yes, "why not a mini jazz-fest?"

Do you perhaps foresee a bigger festival in the future, or an annual minifest?

The question of future events depends on how well JazzNfusion 2014 does from an attendance perspective. The key is whether our local community responds, and the \$25 concert pass sales are strong. That will indicate a solid baseline, because at \$25, cost has been kept out of the equation. We expect that day visitors to Almonte will prefer the option of buying admission for each concert (\$12 cash at the door). As for the future of a festival or a mini-fest in Almonte, it will depend on many other things: sponsorship, facilities, volunteers, community encouragement, and so on. We're happy to take one step at a time!

Are the performers some of your favourites from the house concert series?

Actually, none of the JazzNfusion bands have ever performed in our house concert series to date! Every performer is new to the JazzN.ca family. Folks like Roddy Ellias, John Geggie, James Cohen, Christine Fagan and Chris Raquin are all well known in the National Capital Region and have made huge conlive jazz in our neighbourhood. We have the privilege of having the Almonte Presbyterian Church generously host JazzN*fusion 2014*, so the whole community can attend a terrific free morning concert, and then spend a pleasant June afternoon listening to great live jazz for just \$25!



#### Notice of Opportunity to Comment Draft Heritage Impact Assessment Report

ENERDU HYDROELECTRIC GENERATING STATION EXPANSION & **Redevelopment Project** 

Enerdu Power Systems Inc. (Enerdu) is proposing to expand and redevelop its existing waterpower facility, the Enerdu Generating Station (GS). The existing Enerdu GS is located on the Mississippi River at 11 Main Street in the Town of Mississippi Mills, Ontario. The Enerdu project involves the replacement of the existing flashboard system with an adjustable weir, and the construction of a new powerhouse adjacent to the existing one in order to increase the generating capacity from 300 kW to approximately 950 kW. The proposed project was assessed under the Class Environmental Assessment for Waterpower Projects (October 2008, revised January 2014), and a Notice of Completion was issued on December 17, 2012.

During the Notice of Completion review period, the Minister of the Environment received 16 Part II Order requests, asking that the Enerdu project be required to partake in mediation and/or prepare an individual environmental assessment. On November 18, 2013, the Minister informed Enerdu of his decision that mediation and/or an individual EA was not required, and listed specific conditions that the proponent must meet prior to undertaking detail design work and construction.

In accordance with the conditions outlined in the Minister's decision, the proponent has retained a heritage specialist to prepare a Heritage Impact Assessment (HIA) for the proposed development.

The Draft HIA report is being made available for public review and comment for a 31-calendar day review period. Both hard and electronic copies of the Draft HIA report will be available for review and comment from May 19 to June 18, 2014. An electronic copy of the Draft HIA report may be viewed at the BluMetric Environmental Inc. website (www.wesa.ca). Hard copies may be found during the review period at the Mississippi Mills Public Library (155 High Street, Almonte).

Enerdu must receive all comments in writing regarding the Draft HIA report no later than 11:59 p.m. on June 18, 2014. Please direct any inquiries, comments or requests to:

#### Ms. Muriel Kim

BluMetric Environmental Inc. 3108 Carp Road, P.O. Box 430 Carp, ON, KOA 1LO T: (613) 839-3053, ext. 261 mkim@blumetric.ca

Ms. Julie Harris Contentworks Inc. 120 Sunnyside Avenue Ottawa, ON, K1S 0R1 T: (613) 730-4059 iharris@contentworks.ca

Following the receipt of all review comments, a revised, Final HIA report will be submitted to the Ministry of the Environment and the Ministry of Tourism, Culture and Sport, which will document how all comments received were considered.

Under the Freedom of Information and Protection of Privacy Act and the Environmental Assessment Act, unless otherwise stated in the submission, any personal information such as name, address, telephone number and property location included in a submission will become part of the public record files for this matter and will be released, if requested, to any person.





of the first 5 months of Dandelion Foods. This is our way of saying "thanks" for supporting us!



## **The Fellowship of the Libraries** Welcome to the inaugural *Speak*- the big principles public libraries rest on

Welcome to the inaugural *Speaking Volumes*, a "think" piece by public librarians in Arnprior, Carleton Place, Lanark Highlands, Mississippi Mills, Perth, Renfrew and Smith Falls. This is about our libraries, our communities, and you! Every month one of us will present an article on libraryrelated topics that link us to each other. We already have a great line-up of topics to look forward to: You mean you get paid to work

#### by Pam Harris, Librarian

**Speaking Volume** 

here? Innovation and community — why we do the things we do (in libraries); Tailoring Collections; Libraries as Cultural Hubs... We're keen to share our excitement and passion about libraries and community with you. Featured titles and article snippets will be featured online at <thehumm.com>. We will also be developing a "Meet your Librarian" page there.

#### A Fellowship of Libraries and Community

Ask any realtor about the frequently asked questions they get from potential home buyers and they'll tell you that a top question is often along the lines of "how close are we to the nearest public library?" This is true whether the potential buyer is an active library card holder and user or rarely/never visits the library. It turns out that just knowing you have a library in close proximity, whether you go there or not, adds value to your home and makes a community not only more attractive but more stable - libraries are harbingers of community. I'll go further and suggest that libraries are community writ both small and large.

What are we talking about when we say community? What's that word mean to you? Generally it means a group sharing common values and social understanding. But it's deeper and richer than that. It's a *fellowship*. It's a meeting ground of ideas and lifestyle where freedom and security is understood. It's acceptance and companionship. Community is the anchor to which we tether ourselves because it is where we will find the full expression of who we are both individually and collectively.

Ray Oldenburg, in The Great Good *Place* (unfortunately not available at any of our public libraries but can be borrowed through interlibrary loan!), wrote about healthy living in three realms: home, work, and community or the "third place" — that place we find social value in gathering together, in social inclusiveness. Examples of the third place (or space) are cafés, malls, internet chat rooms and, of course, libraries! The third place is public space where we meet to talk and read, explore ideas, and experience companionship and belonging. It's also civic territory where we get to engage in civic or democratic learning, thought and action.

This is how libraries are communities writ small and large. Traditionally,

are ones of culture, education and learning; but most particularly the principle of free and equitable access. Public libraries provide welcoming, non-discriminatory access to the physical space of the library, and also unfettered intellectual access to all resources within and online. People visiting the library today trust that we will guide them to the right book and help them make the appropriate connections to be successful in their goals — whether they need a great film for the weekend, the skills to write a résumé, or simply a space to sit. The doors of today's public libraries are wide open, and although the formats are changing along with technology, writers still write and readers still read and the librarian's role is the joyful one of connection: every book to its reader, every reader to her or his book. And this is deep reading — it's literacy yes, but also mindblowing expansion: public libraries, the doorway to freedom! It's that old adage: open a book, open the world.

I am often asked if e-books and e-readers will take the place of physical books. I don't have a magic looking glass for the answer, and maybe the real question is whether libraries will still exist in the years ahead. My answer is that, despite changing formats, we'll still want books, writing, and reading, pursuit of knowledge and creative expression. And yes, I think libraries will still exist. I think so because libraries are the pinnacle of community. Each public library reflects the needs and interests of the community it serves. Each public library also creates and provides community to those who come through its doors. We extend a welcoming hand, and I think you will find that librarians are also defenders - defenders of the democratic principles that enliven and enable community, and defenders of the intellectual rights and freedoms of those we serve, including the freedom of expression and the right to privacy. We defend the right to know and the right to access past historical records, and we preserve what we have now for future generations. Figuring out this role in light of technological housekeeping is difficult, because as more and more of our stuff is housed in the "cloud", it becomes increasingly ethereal — changing how we think about and value it. But that's a different article.

All these things — big principles and big ideas, small acts of kindness and ordinary everyday acts — underpin public librarianship. They knit our community a stitch and a strand at a time; weaving in the strands of home, work and place. Solidifying our sense of being, our place in the world. Home.

– Pam Harris recently became the CEO/

Chief Librarian at the Mississippi Mills Public Library

See More Online!

For a list of recommended books on home, community and belonging for children, teens and adults, check out "Pam's Picks" at <thehumm.com>!



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# No Rest! Time to Fest with the Best!

charged your batteries over the long, lin- information at <convio.cancer.ca>. gering winter, because the season of festivals in nigh. Dun... dun... DUNHHH. Two Fusions Fusing! You can run, but you can't hide from the crazy-go-nuts schedule, especially if you read theHumm! As the intrepid puppet reporter for the festival-rich Town of Mississippi Mills, I'm gonna concentrate on June and early July in Almonte and Pakenham here, but I'm pretty sure that next month's issue will include a "fun festivals feature" that will span the whole freakin' Valley! Here we go...

by Miss Mills

#### **Bike All Month Long!**

To get you into shape for a whole spring, summer and fall of festival-going, why not participate in some Mississippi Mills Bicycle Month events? Not only do they help you get in shape, but they take place on practically every day in I tell you, Mississippi Mills must be the most patri-June and come in many different flavours. Are you an avid birder? Join the Birders on Bicycles on June 8. Fond of local food? Sign up for the Eat Local Bike Tour on Saturday, June 28. Find out more by reading Jeff Mills's awesome article on page 21, visit <mmbm.ca> or "Like" them on then at 6PM kids' activities begin over at the Stewart Facebook.

Along with live music, BBQs, crafts, parades and fireworks,

this year's Canada Day (and Eve!) events will feature a classic car

show in Almonte on Tuesday, July 1

Relay For Life is an inspirational, non-competitive,

overnight fundraising event that brings people

together to celebrate life and fight cancer. It has a

festival-like atmosphere, with each participating

team keeping at least one member walking or run-

ning on the track at all times, while all around them

decorated "tent city" and enjoy music, food, activi-

This year's Mississippi Mills Relay takes place from 7PM on Friday, June 6 to 7AM on Saturday,

June 7 in Almonte's Gemmill Park. Organizers have the ambitious goal of raising \$135,000 this year, but

Confused? Don't fret — we're just adding a jazzy twist to the long-standing (and perennially funky) BusFusion event. That all-Volkswagen camping extravaganza is taking place from June 5 to 8 at the North Lanark Fairgrounds along the banks of the beautiful Mississippi River in Almonte. Campers had to pre-register, but everyone is invited to wander in and visit the VW-ers in their natural habitat, and to partake of some of the planned activities — a full list of which can be found at <busfusion.com>. So where's all that jazz? Well, organizers of the successful JazzNhouse series are planning a "mini jazz festival" — aptly named *JazzNfusion* — on Saturday, June 7. Full details about that great event can be found in the article on page 11 or online at <jazzn.ca>.

#### Canada Day EVE!

otic-est town in Canada, because we start celebrating this great country's birthday on the evening of June 30, and don't stop until the last fireworks fly on July 1. Things kick off at 5PM in Pakenham on the 30<sup>th</sup>, with a fundraising BBQ at the Royal Bank, and Community Centre. You won't want to miss the an-

> nual Canada Day (Eve) Parade at 7PM, and immediately following the parade you've gotta run right back to the Community Centre for some great live entertainment (coordinated by musician and volunteer-extraordinaire Mike Ryan). You can tap your toes until dusk, when the fireworks begin.

#### **Canada DAY!**

I must begin this next section with a short puppet confession. When my good friend Tiffany MacLaren (the Cultural Coordinator for the Town of Mississippi Mills, no less) first sent me the news about plans for Canada Day in Almonte, I got so excited I almost melted my latex. I gotta tell you, when a puppet gal like me sees the term "hot rod

and muscle" she gets a little giddy, but it seems I'll have to wait until August for all those "hot" rod puppets to arrive — turns out she was talking about cars! So here's the scoop — on July 1 you'll be able to check out anywhere from 150 to 200 antique hot rod and muscle cars when they come to spend Canada Day in downtown Almonte! Hosted by the party is in full swing. Teams stay overnight in a Peter Bell and the 6one3 Car Club <6one3.com>, they will roll into town in the morning and then

Mill Street and Little Bridge Street will be closed to vehicular traffic from 10AM to 3PM to allow everyone to walk and gawk without getting squashed. Everyone is invited downtown, and to sweeten the pot the Civitans will host a BBQ near the Post Of-

www.thehumm.com



June 2014

**Relay... For Life!** 

ties and entertainment.

OK, kids — I sincerely hope you have re- was received. You can donate and find lots more Coady's Car Care parking lot (playing the best retro rock'n'roll dance music from the '50s, '60s, '70s), and downtown shops are being encouraged to set up sidewalk sales. There will also be a whole lotta raffle going on, with proceeds being donated to the Almonte Skatepark project.

But the fun doesn't end at 3PM, no siree. All you need to do is head over to beautiful Gemmill Park for several more hours of fun, food and fantastic tunes. Bring the whole family for another BBQ, visits from some of the Town's favourite mascots, a bouncy castle, and crafts (including last year's popular "make your own T-shirt" with JB Arts). The live show on the main stage starts at 3:30PM with the opening ceremonies, followed by an exciting line-up of local and Canadian bands, including Rothwell Moffatt (3:45–4:45), Red Moon Road (5-6), The Claytones (6:15-7:30) and Autumns Cannon (7:45-9:15). That'll take us right through to the big bangs at dusk!

#### July... and Beyond!

Once you get through June's slate of events, you'll be ready to take off the training wheels and careen right down the natural amphitheatre of Gemmill Park for **Almonte Celtfest** (July 4–6, almonteceltfest.com), the Almonte Fair (July 19-21, almontefair.ca), and a full calendar of other great events and festivals... but I've gotta leave something for next month's column!

#### Burnstown Heritage House & Garden Tour Saturday June 28, 12:30PM – 4:30PM

Includes: 7 Locations in and around Burnstown Strawberry Social at Burnstown United Church Silent Auction at Church

#### Tickets \$25.00 – available at:

Neat or Valley Heritage Radio, Burnstown • Pakenham General Store Aikenhead's Drug Store, Renfrew • Antrim Truck Stop, Arnprior Hello Yellow, Almonte • The Running Stitch, Kanata

#### For emailed tickets or further info:

- Search for "Burnstown" in Facebook
- Contact Irene at irener@renfrew.net or 613-432-6987

Sponsored by: Burnstown United Church

Rain or Shine







# Walk in Peace at the Labyrinth

At 5:30PM on Thursday, June 19, the Labyrinth Committee will present their second "Walk in Peace" at the Community Labyrinth in Carleton Place. With this early evening event, the Committee hopes to focus attention on the need for peace in the world and within ourselves.

Labyrinths have long been used as meditation and prayer tools, and have also been used for bringing peace and reconciliation between individuals in conflict.

"If we can learn to find peace within ourselves, we can bring this peaceful energy into our community and the world," says Phyl Drennan, a Labyrinth Committee volunteer.

This year, two special guests have been invited to address the theme. Jeff Mills, Community Development Coordinator for Mills Community Support in Almonte, will speak about healthy/peaceful communities. Faye Lavergne, owner of Brush Strokes Gallery in Carleton Place, will address finding peace as you "Lighten your Step". Lavergne is also a counsellor whose focus is on personal and community development that integrates social consciousness.

All are welcome. Bring along a picnic supper, a chair or a blanket, and be prepared to enjoy the gardens and find inspiration from our guest speakers. Afterwards, Marion Miller will play her harp to add to the relaxed atmosphere.

The Community Labyrinth is located beside the Carleton Place & Beckwith Heritage Museum, at 267 Edmund Street. If you are unable to make it to the June event, you can visit the labyrinth any time throughout the year. If you'd like to drop by with a question, a volunteer labyrinth-keeper will be on site each Tuesday from 9–10AM, from June through to the end of September.



# **Like Wine Upon the LiPS**

Have you heard of LiPS? LiPS is the Live Poets Society two of their own pieces of poetry (in two separate of Lanark County, a group of spoken word poets who rounds). These poems must be three minutes in run a slam series each year. This series wraps up with length (or less). If they go over time, they end up a Finals event, which typically determines the team with points being deducted from their score. Anmembers who will go to the national festival (CFSW, the Canadian Festival of Spoken Word). LiPS has sent allowed to use any props, or costumes, to assist in a team every year, beginning in 2008. But this year's LiPS Finals night has a twist. Instead of determining the team members who will go to the national festival, a feature spot at Ottawa's CapSlam.

Along with the competitive aspect, the Finals bring about the most amazing poetry. It is truly difficult to describe the awesome nature that is the **LiPS Finals SLAM** competition. The poets really enjoy. As an added bonus, this year's event will have a new artistic element: local artists will have take-home art.

If you would like to attend the Finals, get yourself over to the Carleton Place Town Hall on Friday, June 6, at 7:30рм (doors will open at 7рм). The cost is only \$10, and you will have the pleasure of being led through the evening by Rusty Priske, MC extraordinaire!

competitive form. Competing poets must perform <lanarklips@hotmail.com>.

other rule of competition is that the poets are not the presentation of their piece.

Spoken word poetry was introduced to Lanark County in 2008, when Danielle K.L. Grégoire (prethey will determine the LiPS Champion, who will win viously of CapSlam fame) started a scene in our rural area, hosting slams in the many towns throughout the county. This culminated in a finals event, determining a team of poets for the CFSW (held in Calgary that year). Thus, LiPS was born and formed the first rural group to compete at the nabring out their "best of the best" poetry for all to tional festival. To date, LiPS remains the only rural representation.

Since 2008, LiPS has sent a team to the national art for sale — a treat for the eye and a bonus for festivals held in Victoria, Ottawa, Toronto, Saskasomeone wanting to enrich their lives with some toon and Montreal. This year will be the first year they will not send a team. They have chosen to step out for one year, allowing them to focus on the 2015 CFSW (location TBD).

> Please stay tuned for upcoming LiPS events, prior to their next season start.

If you have any questions about spoken word, or LiPS, please feel free to check them out at What is a "slam"? It is spoken word poetry in <facebook.com/#!/groups/51468539627> or email



# Something's Brewing..

Flavour of the Month

Water, barley, yeast and hops.

Not much of a recipe, really. And yet, when selected carefully, treated properly and combined creatively, these humble ingredients can produce a truly wondrous result. But it seems to me that there must be some other ingredients secretly mixed into truly great brews. Recently, I made the pilgrimage out to Foresters Falls near Cobden to visit one of the area's newest breweries — **Whitewater Brewing Co.** — in order to find out a little bit about the mysteries of beer brewing and, perhaps, discover their secrets of the sauce.

by Rob Riendeau

#### **Hopped Up**

Chris Thompson, one of the founders of Whitewater Brewing Co., confirmed that the only ingredients in their standard repertoire of beers are the traditional four (except for their Midnight Stout, which features oatmeal as an additional ingredient). As a company, Whitewater also tries to source its materials as locally as possible. According to their website: "At Whitewater Brewing Company, we care about what our friends drink, and therefore we care about what goes into our beer. Using just the traditional four ingredients (water, malted barley, hops and yeast), we carefully brew our unfiltered beer over a two-week period, allowing the beer to condition and naturally clarify." They use fresh leaf hops grown on Allumettes Island between Pembroke and Chapeau, and Ontario-grown barley. They do not chemically adjust their water, they do not add clarifying agents - their product is as natural as it gets.

From these basic ingredients, Whitewater produces its four year-round brews: Farmer's Daughter Blonde Ale, Whistling Paddler English Style Ale, Class V IPA, and the aforementioned Midnight Stout. Chris explains that the goal with each of these was drinkability: "with our basic beers, we tried to keep to a reasonable alcohol percentage and no extreme flavours." In essence, they are all excellent "session" beers.

To spice things up, they also produce seasonal beers that are only available for a few months. Their spring beer is called Jacked Rabbit Espresso IPA, in which Cascade, Centennial and Nugget hops are

mellowed by a smooth blend of cold steeped espresso sourced from Neat Café and the Madawaska Coffee Company. For summer, watch for their rhubarb wheat beer offering.

#### **Crafty Brewing**

Whitewater Brewing Co. was founded in 2011 by Chris Thompson, James Innes and, coincidentally, another fellow named Chris Thompson. The trio met while working as rafting guides at Wilderness Tours in 2006. It was there that they discovered a shared love of craft beers and hatched the plan to open their own brewery. In doing so, they became part of the growing industry in Ontario. Craft brewing differs from large corporate brewing in that it recognizes that, throughout history, breweries have been an integral part of their local communities and the beer produced reflects the pride, passion and personality of the brewer and the community. Chris, Chris and James reflect that philosophy throughout their business, right down to the name, which attests to their love of kayaking and rafting on the Ottawa River and the Whitewater Region where their brewery is located.

The hallmark of craft brewing, though, is innovation — and that again is a hallmark of Whitewater's approach to both beer brewing and business. From their modest beginnings, producing 150 litres per week, they have been able to sell out by maintaining an active network of friends and fans who help spread the word. They consistently re-invest their profits back into the business and, at the time of our interview, were able to produce 1600 litres per week. By the time this article is published, they production capacity will be 2100 litres per week. All of this growth is not simply for growth's sake, according to Chris: "we do it because we can sell everything we make!" And they definitely do not want to disappoint any fans by running out.

But their innovative drive is not limited to just brewing. When I visited the brewery, they were also well underway on renovating a large part of the space to create a brewpub on the premises. The pub should be open by mid-June (check Whitewater's Facebook page for updates) and will feature dishes made from ingredients sourced entirely within the Ottawa Valley. They will even use spent grain from the brewing process in their pizza bases.



WHITEWATER BREWIND CO

#### Who They Are

Whitewater Brewing Co., 22 Fletcher Road, Foresters Falls ON <chrisdt@whitewaterbeer.com> <whitewaterbeer.com> <facebook.com/WhitewaterBrewingCompany>

#### What They Offer

Farmer's Daughter Blonde Ale, Whistling Paddler English Style Ale, Class V IPA, and Midnight Stout, as well as seasonal brews

#### Where They Sell

From the brewery, with home delivery between Arnprior and Deep River, and at many pubs and restaurants in the Valley

And perhaps one of the coolest bits of creativity that is also completely in keeping with Whitewater's outdoorsy philosophy: re-fillable, pouch growlers! Instead of trying to portage your canoe to your campsite lugging a 2-litre glass bottle of your favourite Whitewater beer in your backpack, you can carry in (and carry out, of course) one of these.

#### **Cerveza Time!**

If you are looking for Whitewater beer you can skip the Beer Store, 'cause they aren't there. For the time being, you can find their products at almost forty pubs and restaurants in the Ottawa Valley including Ballygiblin's in Carleton Place, The Cheshire Cat in Carp, and Neat Café in Burnstown. For customers who are lucky enough to live between Arnprior and Deep River, Whitewater offers home delivery of growlers and mini-growlers. Hopefully, home deliveries in other areas will be available soon.

If you are in the Almonte area, Whitewater has a special offer, with a story behind it. Dan Fallak of VersaTile recently produced some custom coasters for Whitewater. Dan is also half of the dynamic duo behind Small Town Thinking (along with theHumm's own Miss Write, Emily Arbour). Dan and Emily have had a backburner dream to bring a craft beer to Almonte for quite some time. When Dan met with Whitewater he realized that the time was right to make this project happen, and so Mexican General Limited Edition Cerveza was born. The launch party for this limited edition beer is already sold out, but visit <almontebeer.com> to order your own growler of this light, refreshing summery beer.

#### **In Fermentum Veritas**

In their own words: "Whitewater Brewing Company believes in the pursuit of the ultimate balance between work and play. Our adventures live on through the stories we share with the good people we surround ourselves with. We recognize the important role that good beer plays in sharing these moments, so we work hard to carefully nurture a handcrafted beer using the highest quality ingredients brewed under small batch conditions. The result is a variety of beers worthy of the adventurous spirit inside us all. Whitewater Beer is brewed by friends, for friends." So perhaps, the secret ingredient isn't so secret. Chefs know it, and apparently it's true in beer brewing too: food (or beer) prepared with love tastes better.

#### **Salted IPA Bagels**

Rebecca Eide is a foodie photographer living in Almonte, who blogs at <rebeccaeats.com>. She's an accomplished baker inspired by natural, plant-based foods with a fresh vegan influence. This month, you'll find her recipe for salted IPA bagels (inspired by the folks at Whitewater) at <thehumm.com>



#### Hun

June 2014

www.thehumm.com

# Hanging Around the Valley

the Studio

is a prolific local artist

known for her vibrant-

ly coloured paintings,

creating what she calls

"interior landscapes" —

spiritually metaphori-

cal images of birds and

flowers, as well as the

juxtaposition of abstract

collage with landscape

imagery. As Joyce puts it,

"there is so much beauty

by Miss Cellaneous

# **Artists Create Songs of the Spring...**

Song of Spring in would notice." Joyce Frances Devlin

Her artistic education includes an Emily Carr Scholarship in 1954, two years post-graduate study in London, Florence and Rome, and classical mural design at the Royal West of England Academy's College of Architecture. She was a scholarship student from 1950 to 1954 at the Vancouver School of Art, graduating with honours.

Joyce has had solo exhibitions in Ottawa, Montreal, Calgary, Toronto, Winnipeg, Merrickville and Kemptville, as well as in London,

in the ordinary places that few England. She has participated in provides a fun and relaxed atgroup exhibitions in the United States, the UK and in prestigious galleries throughout Canada. Her work is favoured by serious collectors and is represented in many major public and corporate collections. As well, she has had selected works commissioned by the University of Ottawa, Mc-Master University, the Senate of Canada, The Federal Court Commission and many others.

Joyce lives and works in Burritt's Rapids, and invites the public to Song of Spring in the Studio her first show and sale at her studio (7590 Dwyer Hill Road). It takes place on May 31 and June 1, 7 and 8, from 11AM to 5PM each day.

#### **Art In The Barn**

Thought you couldn't afford an original work of art? Art In The Barn is your chance to purchase one directly from the artist! At the 4<sup>th</sup> annual Art in the Barn you can meet over forty artists from the Rideau Lakes Artists' Association displaying an eclectic mix of original artwork: paintings (in watercolour, acrylic, oil and batik), painted feathers, pottery, whimsical garden critters, quilting and bird carvings. This exciting show will be held at the Lombardy Agricultural Society Fairgrounds on Saturday and Sunday, July 12 and 13, from 10AM to 4PM. The spacious and easily accessible Fairgrounds Barn is located four miles south of Smiths Falls on Highway 15 at Kelly's Road.

After last year's smashing success, the artists are excited about mosphere in which to meet with the artists and talk with them about their wide diversity of original artwork. Admission is free and ten percent of all sales, together with any contributions to the Donation Jar, will be donated to the **Do It For Daron** fund, in support of youth mental health. To date, this show has donated over \$8300 to this worthy cause.

For more information about this and other shows, please visit <rideaulakesartists.com> or call Nora at 283-7824. See you at the Barn!

#### Long gone – A Day in the Life from 1924

Long gone: a day (August 15, 1924) in the life of Almonte & Ramsay Townships is an exhibition of Jill McCubbin's newest paintings. Visit the Art in the Manor Gallery in Fairview Manor, 75 Spring Street in Almonte, to see this slice of local history and art. The paintings in the exhibit are all inspired by one page of articles and advertisements in the Almonte Gazette, the local paper that began in 1861.

The Mississippi Valley Textile Museum has put the Gazette archives online in a searchable database. Interested folks can also see an original Bennies Corners Baseball jersey and 34-length trousers at the Museum, thanks to the care of the Snedden family. The baseball uniform is made from wool material donated by the McDougall/Campbell Mill that was located in Blakeney (previously known as Rosebank



Works by Jill McCubbin like Our *heavy hitter* (above, acrylic on canvas) will be on display at Fairview Manor from June 12

ing wine and snacks reception for Long gone happens on Thursday, June 12, at 7PM at the Manor. The show runs from June 10 to August 12, and you can find out more about the artist at



Mon. Jun. 30 Canada Day Pre-Party with Crooked Wood (Folk/Celtic), 7-10, \$10 Studio Theatre Productions 2014 SUMMER PLAYBILL THE BUTLER DID IT By walter marks and peter marks **Directed by Patricia Parry** This diabolically clever whodunit mingles chuckles and chills! July 3, 4, 5, 11 &12 at 8:00 pm July 6 & 13 at 2:00 pm An Ideal Husband by Oscar Wilde **Directed by David Parry** Blackmail, fraud and flirtation... One of Wilde's most popular comedies! August 14, 15, 16, 21, 22 & 23 at 8:00 pm August 17 & 24 at 2:00 pm The Studio Theatre 63 Gore Street East, Perth, Overlooking the Tay Basin See our article this edition or www.studiotheatreperth.com for details

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Wed. Jun. 4, 11, 18 & 25 Rack 'n Tunes with Shawn McCullough (Vocal/guitar), 6-9

Jazz Night Thursdays featuring Spencer Evans, 9–11, \$5 Thu. Jun. 5 with special guest Emily Fennell (Soul/Jazz)

Sat. Jun. 7, 14 & 28, Head Over Heels (Vocal guitar duo), 6–9

Fri. Jun. 20 Chris Murphy of Crooked Wood (Folk/Celtic), 6-9

Sun. Jun. 8, 15, 22 & 29, Head Over Heels (Vocal guitar duo), 12:30-3:30

Sat. Jun. 21 Christina Martin & Dale Murray (Nova Scotia, Folk/Pop), 7–10

Fri. Jun. 6, 13 & 27, Shawn McCullough (Vocal/guitar), 6-9

Sun. Jun. 15, Father's Day All Day

The Studio Theatre is fully accessible



www.thehumm.com

June 2014

# and of Summers Long Gone

#### **Rideau Lakes Studio and Garden Tour**

One of the longest running and most popular tours in Eastern Ontario, the Rideau Lakes Studio and Garden Tour continues to attract new artists, while maintaining a core group of collectors' favourites.

Located in the heart of the Rideau Lakes district, concentrated around the **A Collaboration of Weavers at** villages of Portland, Philipsville and Chaffey's Locks, the 2014 tour will be held Friday, Saturday and Sunday, July 4, 5 and 6, from 10AM to 5PM. This is the first time the tour has been held on a Friday, so organizers hope you enjoy the extra day.

At some studios you will meet surprise guest artists who are unadvertised but are invited by their hosts. The goal is to have more than one artist at a stop, to make your tour experience more enjoyable. You'll find paintings, candles, quilts, pottery, cast stone sculptures,



You'll find works by Jim Rowat (above) and many other artists at the Rideau Lakes Studio and Garden Tour

weaving and woodworking, for your We used silk and cotton dyed with walnut home and garden. Free brochures guiding you through the tour are available at most area stores, restaurants and welcome centres. For more information, contact Margaret Kelk at 272-2604 or visit <rideaulakesstudioandgardentour.com>.

#### the Textile Museum

The work of three outstanding local weavers is featured in the new exhibition at the Mississippi Valley Textile Museum. Curator Michael Rikley-Lancaster had been watching their evolution as artists and technicians, and approached them with the challenge of mounting a show that would include a collaborative work as well as individual pieces, using uncommon materials and experiments with fibre. The show. Perhaps these pieces are not really results are an exciting mix of new innovative works.

Pattie Dolan writes: "Working with the other artists, I learned a lot about dyeing with vibrant colours, and painting on fabric. I enjoyed the challenge of working outside my comfort zone at a much more monte, and online at <mvtm.ca>. controlled and smaller scale than usual."

From Roberta Murrant: "Part of the challenge set for us was to weave traditional patterns in a different medium. I dyed basketry splints and wove patterns flat. The added challenge was to keep the piece flat or bowed as the pattern dictated. The other challenge was to produce a collaborative work using natural materials.

and tea, and then buried with iron. The size chosen is as large as nature; larger than we can comprehend."

Jean Down adds: "The curator's challenge for this exhibition was open-ended, and therefore allowed us to explore many facets of weaving. I interpreted the challenge by incorporating a new medium (wire) into my weaving, building on recent experiments with dyeing hand-woven fabric, and experimenting with fabric felting techniques and tri-axial basketry weaving. The pieces in this exhibition represent the end products of a process that took me in new directions and forced me to push beyond my normal weaving practices developed over the past twenty-five years."

You won't want to miss this exciting outcomes but stepping stones to the next challenge. A Collaboration runs from April 1 to June 28. For more information, call the Museum at 256–3754.

The Mississippi Valley Textile Museum is located at 3 Rosamond Street East in Al-

#### Absolute-ly Lovely

Congratulations to Michaela Wolfert and Ann L. Lumsden — two area artists whose pieces were selected for the "Absolute" national juried exhibition of Canadian fine jewellery and metalwork, orin Toronto. This year's exhibition drew 52 formation, please visit <kehladesign.com>.



Works by Michaela Wolfert (above) and Ann L. Lumsden have returned from a presitgious show in Toronto and are on display at Kehla Jewellery Design

entries from 44 artists across the country, and for the show, the jury selected 22 interpretations of the theme "Absolute" from 18 different artisans.

The pieces were on display in Toronto during the month of May, but both Ann's and Michaela's will be returning to Kehla Jewellery Design in Almonte for the summer, along with the pieces that the two artists had in last year's show. Michaela's ring is made of 18-karat yellow gold, set with natural, uncut Canadian diamonds of various colours. Ann's piece is a reversible brooch of sterling silver and black acrylic, the two halves of which are held together with magnets.

Kehla Jewellery Design is located at ganized by Zilberschmuck Art/Jewellery 88 Queen Street in Almonte. For more in-

> TARIO CRAI BEER WEE

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June 2014

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#### See More Online!

You'll find more lovely photos, as well as links to all of the camps described here and listed on the sidebar on the facing page (plus any more that we hear about after our print deadline), at <thehumm.com>!

Next month's Humm fun feature will focus on

#### **Summer Festivals**

in our catchment area. If you would like us to cover yours, please email editor@thehumm.com by June 10 and we will try to

include it in our feature!

#### SUMMER PROGRAMS Age groups: 4-6; 7-8; 9-12 by Leadership Program ages 13-14

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# The Almonte Potters Guild Join us for Summer Fun

in July and August! • Unique Summer Camps in conjunction with the Mississippi Valley Textile Museum

in Perth, Ontario

• Drop in Children programs When the Potters Guile . Flexible evening classes for adults

Contact us at 613-256-5556 95 Bridge Street, Almonte www.almontepottersguild.com

Humm Fun Feature of the Ottawa Valley summer a variety of pottery techniques

camps are more plentiful than you might think, once you start to scratch the surface. Local options abound, and the focus on the arts is very strong. TheHumm's new Ottawa Valley Summer Camp guide is an annual feature that will be up-

#### by Dagne Forrest

theHumm Fun Feature

dated every spring. We highlight some of our top picks here, but every camp listed in the summary of camps by type (right) can be found on our directory at <thehumm.com>.

Oh, to be a kid these days! Back in the day when I attended summer camp, the YM-YWCA dominated the day and residential camp choices. Don't get me wrong, I had a great time. The combination of outdoor activities, crafts and hanging out with other kids my age made for some great times and memories. But I never dreamed of some of the options available to children today, which include learning about animal husbandry and growing food, opportunities to get immersed in nature, a dizzying array of visual and performance arts choices, as well as sports themed and more traditional multi-activity offerings.

Read on to get a taste of some great Ottawa Valley camps for summer 2014. Find full details for individual camps, contact info and location maps online!

#### **Day Camps**

Almonte Potters Guild & Mississippi Valley Textile Museum (Almonte): The Guild and the MVTM are teaming up to deliver two unique and creative camps. Experienced educators will teach

and

in the morning and textile crafts (Almonte): With some 300 proin the afternoon. Unique programs are being offered during the weeks of July 21-25 and August 11–15. The cost is \$225 per week, for ages 6 to 12. Contact the MVTM (256–3754) or Potters Guild (256-5556).



Imagination Tree Yoga/Art/ Nature Camp (Perth): Imagine a week spent building mini birch bark canoes, harvesting your own pizza (yes, there is a gardening component here), felting wool, dancing, and tracking rabbits. This new yoga/art/nature camp is being offered during the weeks of July 21 and 28, at Agapé Gardens. The cost is \$260/week, for ages 4 to 9. Contact Naomi Guzman Poole at <naomiguzmanpoole@ gmail.com> or 314–2630.

Jackalope Farm & Eco-Art 256–6117. Studio (Perth): Jackalope has been offering art classes and weekly summer art camps since 2008. The chance to dabble in animation, clay, painting, felting, woodwork, drawing, beading and more, makes for a full program. Students learn real art skills and produce both practical and beautiful art pieces in a working artist's studio. Camps are offered in July and August;

JB Arts Summer Art Club gram options spread over nine weeks at JB Arts, your child could attend all summer and never do the same thing twice. New for this popular local art school in 2014 is a move to two rooms with two teachers and smaller classes, as well as advanced classes for experienced students. Rates are available for half days, single days and full weeks, for ages 6 to 13. Contact Jeff Banks at <jeff@jbarts.ca> or 220–3005.

Maple Key Day Camp (Smiths Falls): This generalist day camp now offers older campers the opportunity to specialize or "major" in activities based on their talents and interests. "Majors" for 2014 include cooking, high tech, general fine arts, leatherwork and project runway fashion. The cost is \$185 per week with multi-week and sibling discounts, for ages 4 to 12. Contact 464-2468.

Rock-N-Horse Farm (Almonte): Kids can learn about life on a farm, including gardening and crop management, animal husbandry and woodlot management on this 230-acre farm 8km southwest of Almonte. Camps are offered for five weeks starting in late July. The cost is \$200 per week, for ages 8 to 12. Contact Arlee and Diane Sheets at <am.sheets@hotmail.com>

Summer Fashion Camp for Youth (Almonte): Costume designer Ingrid Harris and Marg Lee of Sew Much Fun will provide personal instruction during this unique camp in Ingrid's studio. Each week includes a fashion show on Thursday. The cost is \$225/week including lunch, snacks and all materials, for ages 10 and up. Contact Ingrid Harris at <ingridharris14@gmail.com>





# Month — Creative Summer Camps for Kids!

The Academy for Musical Theatre (Perth, Ottawa): Formerly the Perth Academy of Musical Theatre, this group provides high quality instruction in music, acting, dance and various aspects of technical theatre to youth of all ages, culminating in the performance of a full-scale Broadway musical. One-week and two-week programs are available for ages 5 to 19. Contact <academy@storm.ca> or 706-2287.

Wildlife Watchers Summer Day Camps (Almonte): Children get to explore the natural world at the Mill of Kintail, one of the Valley's beautiful conservation areas. Each day of camp runs on a specific theme related to the natural environment. crafts, games, canoeing, swimming, nature walks, Campers have the opportunity to explore plants, wildlife, insects, habitats and water through games, activities, arts and crafts, songs, stories and more. Camps run six weeks during July and August. The cost is \$160/week, for ages 6 to 11. Contact Sarah O'Grady at <sogrady@mvc.on.ca> or 256–3620x1.

#### **Residential Camps**

Residential camps offer a much more immersive experience and really allow kids to flourish and find their independence as they get older. The Ottawa **A Few More to Consider** including these two quite different options:

Camp Lau-Ren Residential Camp (Deep River): This is a children's residential summer camp of the United Church of Canada, accredited by the Ontario Camps Association (O.C.A.), that has been providing the summer experience of a lifetime to children since 1952 <camplau-ren.com>. All children are welcome. Two-, three- and six-night co-ed camps are offered to children ranging in age from 6 to 15. There is a three-night Family Camp offered for the first time as well. Campers enjoy nature study,





campfires, skits and more.

Long Bay Camp — Arts by the Lake (Westport): Since 1984, Long Bay Camp <longbaycamp.ca> has been a part of summer vacation for countless kids. In 2008, the camp launched the Arts by the Lake Program, specializing in teaching visual arts, drama, music and dance. Combining arts and nature allows campers to explore, discover and interpret the world around them.

Valley offers quite a variety of sleep-away camps, BigSkyRanchAnimalSanctuary<br/>bigskyranch.ca> in Kemptville puts on week-long camps in July only, for kids aged 6 to 13. What a neat chance to help care for animals that were previously abused and unwanted.

> Canoe Kids and Regatta Ready are day camps offered by the Carleton Place Canoe Club <cpcanoeclub.com> that allow kids to spend their week on the water.

> COREYouth Camp <cpyouthcentre.org> in Carleton Place offers something for everyone over the nine weeks of the summer, for kids aged 8 to 13, for the cost of \$12 per day, lunch/snacks included. Themes change every week, making camp a fresh place to be.

Can you imagine running amok in a retired Cold War bunker, playing spy games? Yes, you really can, at the summer spy camp run at Carp's Diefenbun**ker** <diefenbunker.ca>.

The Kemptville Youth Musical Theatre Company <kymtc.org> offers 2- and 4-week sessions that give kids with a taste for performing the chance to sink their teeth into a particular play or musical.

#### **Camps Of All Flavours**

Here's a quick reference list of all the camps (or at least the ones we had heard from as of press time), organized by type. You may notice that there are a few here that we didn't have space to mention in greater details in the article. The good news is that we have links to all of them from our website <thehumm.com>, and you can browse them there by type and also by location.

#### Arts Camps

Almonte Potters Guild Art & Class (Perth) Fashion Camp (Almonte) Jackalope Farm & Eco-Art Studio (Perth) JB Arts (Almonte) Mississippi Valley Textile Museum (Almonte)

#### **General / Outdoor Camps**

5-Star Camps (Carp) Acorn Academy Summer Camp (Arnprior) Arnprior & District Museum Camp Beckwith Day & Sports Camp COREYouth Summer Camp (Carleton Place) Diefenbunker Spy Camp (Carp) Imagination Tree Summer Day Camp (Perth) Rock-N-Horse Farm Summer Camp (near Almonte) Shadow Ridge Equestrian Centre (Ashton) Town of Perth Day Camps Wildlife Watchers (Mill of Kintail)

#### Sport Camps

5-Star Camps (Carp) Almonte Tennis Club Beckwith Day & Sports Camp Carleton Place Canoe Club Camps Gold in the Net Hockey Camps (Arnprior) Gym Stars Summer Day Camp (SF) Shadow Ridge Equestrian Centre (Ashton) Summer Gymnastics Camp (Carleton Place) Tec-Tac International Hockey Camps (Carleton Place)

#### Music / Theatre / Dance Camps

The Academy for Musical Theatre (Perth) Almonte Academy of Dance Kemptville Youth Musical Theatre SRC Summer Youth Programs (Carleton Place)

#### **Residential Camps**

Camp Lau-Ren (Deep River) Camp Otterdale (Lombardy) Long Bay Camp — Arts by the Lake (Westport)





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19

June 2014

# FRED BUFFAM **STUDIO SHOW**

#### Sat. June 7 & Sun. June 8 10 to 4pm each day

Fred Buffam is a master craftsman with over 40 years of creating original, functional and beautiful designs that have a contemporary look with a classical trademark of solid wood joinery. His live edge elegant slab tables are hand crafted from start to finish. His love of nature shows up in his sculpted vessels and what he fondly refers to as his "Rock in the block" sculptures.



Join Fred at his Studio Show and watch a demonstration of his process as he creates one of his sculpted vessels.



**40 YEARS OF ARTISTRY** 

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# **Summer Pops in Perth!**

Canada's oldest continuing Town Band by the band from 1914 to 1918. The Perth - the **Perth Citizen's Band** - is looking forward to entertaining you with the 2014 season of its annual Summer Pops Concert Series. All concerts are held on the bandstand in Stewart Park, directly behind the Town Hall, in historic downtown Perth. This tradition has continued the one on June 26, which begins at 7PM on the bandstand each summer since it was constructed in 1931, and all concerts are free to the public. Each one features a variety of music ranging from classical to Broadway and movie themes, as well as jazz, blues, and more. In addition, conductor Brian Tackaberry includes heritage pieces from the band's historic files, as well as songs by Canadian composers or arrangers. The concert on August 7 will mark the 100<sup>th</sup> anniversary of the start of World War I, and will feature music played

Citizen's Band was involved in sending off the first local troops in 1914 and welcoming back the returning veterans, and also played benefit concerts throughout the war to keep up morale on the home front.

All concerts begin at 7:30pm, except and is held in conjunction with the Strawberry Social sponsored by the Perth Rotary Club. Audience members are invited to bring along a lawn chair or simply enjoy a leisurely stroll through the park during the performances. In addition, the band will be performing at the North Lanark Regional Museum's annual Strawberry Festival on Sunday, June 22. The Pops Concerts for this year are scheduled for June 12 and 26, July 10 and 24, and August 7 and 21. For more information, visit <perthband.ca>.

# Summertime, and The Laughin' Is Easy **Two Sparkling Comedies at Perth's Studio Theatre**

The grass is green, the sun is shining, and friend, the uninspired but utterly charmsummer is in full bloom. But enough of that outdoor stuff — here are two great reasons to enjoy the air conditioned comfort of Perth's Studio Theatre this July and August!

The first is *The Butler Did It*, by Walter and Peter Marks. In this sly play-withina-play comedy, writer/director Anthony J. Lefcourt is rehearsing his newest work, a classic whodunit (in which, by the way, all the characters are named Butler), hoping that it will help him regain his former playwriting glory. Desperately eager to spur his cast on to great performances, he "stages" the murder of one of the actresses, after which the plot begins to twist and turn with such dazzling ingenuity — and hilarity — that soon actors and audience alike have lost track of what is real and what is makebelieve, until a surprise ending sets matters straight in a most bizarre and ironic way.

The Butler Did It is directed by Patricia and 24 at 2PM. Parry, and runs July 3, 4, 5, 11 and 12 at 8рм, and July 6 and 13 at 2рм.

comedy is Oscar Wilde's An Ideal Husband, directed by David Parry. (Apparently, just as all the characters in The But*ler Did It* are called Butler, all the directors of this summer's shows are called Parry.)

comedic social satires, this time revolving around the lives of two men: successful political figure Sir Robert Chiltern and his

ing Lord Arthur Goring. Chiltern's life is perfect, thanks to his loving and brilliant wife Gertrude and his quick-witted sister Mabel. Goring's life, on the other hand, is one of lounging, flirting with Mabel, and ignoring his father's insistence that he should marry. The world of these men is turned upside down by the arrival of old acquaintance, Mrs. Laura Cheveley, who has come with blackmail in mind. As the comments and lies begin to fly, it's revealed that the "perfect" man is flawed, the man with all the flaws must do something right, and the question remains: what makes an ideal husband? Second only to The Importance of Being Earnest, An Ideal Husband is his most popularly produced play.

An Ideal Husband runs August 14, 15, 16, 21, 22 and 23 at 8PM, and August 17

Tickets are \$22 each or \$40 for both plays at The Book Nook (cash, at 60 Gore The Studio Theatre's second summer Street East) and Tickets Please (credit card and phone orders, with a convenience fee; 39 Foster Street, 485-6434, ticketsplease.ca). At the door, tickets are \$24; \$10 for students with ID.

Just for the fun of it, brighten your An Ideal Husband is another of Wilde's summer with a comedy at Perth>s fully accessible Studio Theatre, at 63 Gore Street East. See you at the show!



# **Bike Month Keeps Moving** in Miss Mills (and Beyond!)

Can you remember your first bicycle ride? That 2014 by leading a family bike ride through the quantum leap from a tricycle, or a bike with train- streets of Almonte. ers, to two-wheel freedom; from a slow gentle wobble to the smoothness of perpetual motion? The firm push on the back of your seat from a trusted hand propels you forward like a curling stone leaving the hand of the skip. You are launched and not looking back. It's a rite of passage, a coming of age. Einstein said it best: "Life is like riding a bicycle. To keep your balance you must keep moving!"

Mississippi Mills Bicycle Month keeps rolling along, it keeps moving. Citizens continue to bring different cycling events forward for June. Every year is different, but it's always a joyous ride. This month-long celebration of everything two-wheeled is not a race; it's a ride to be savoured. Starting early with the first annual Eastern Ontario Active Transportation Summit in Almonte on May 29 and 30, the official opening is set for May 31 with a Meet and Greet with Perianne Jones, Almonte's returning Olympian, at the Almonte Farmer's Market at 10:30AM. After meeting all her fans, Peri will officially open Mississippi Mills Bicycle Month



A wide range of events for all ages and interests will keep you moving during Bicycle Month. Check out <mmbm.ca> for more details!

Old favourite events, such as Birders on Bikes, hosted by Gilligallou Bird Inc., is on again this year, as is the 6<sup>th</sup> annual Tour de Mississippi Mills (offering distances from 18 to 100K and an excellent way to explore the hamlets of Mississippi Mills), Stargazers Night Time Tour, and many others. The folks at Dandelion Foods will lead an Eat Local Bike Tour, and Vamos Outdoors takes Chicks on Mountain Bikes (women-only ride) along the Almonte Riverside Trail. Both the Rusty Spokes and **RIMM Rovers** (RIMM being "Riding in Miss Mills") mature adult groups are riding this year, during the day and some evenings as well.

Check out <mmbm.ca> for a complete list of events for the month.

Bicycle Month has always been greater than the sum of its parts. Sure, there are great opportunities for individuals to challenge themselves and families to join their neighbours for great two-wheeled adventures. The diversity of Bicycle Month events offers a variety of entrance points for a healthier, more active, environmentally responsible and creative life. Our goal is just that - a healthy, active, and bicycle-friendly town, county, and region. We want to change the world, or at least our little part of it! We see an increase in citizens cycling each year, followed by a greater attention to infrastructure, as well as safer streets.

The County of Renfrew passed a Paved Shoulder Policy that was quickly followed by Lanark passing theirs. To change the world it will take lots of citizen engagement, collaboration, and cooperation, and just for fun — a little friendly competition! Each year we encourage people to log their kilometres in the Sil**ver Chain Challenge** <silverchainchallenge.ca>. This friendly challenge among the towns of Lanark and Renfrew Counties was started by Bicycle Month and helps record the numbers of riders and their distances for the month of June. Each kilometre logged is like a vote for better infrastructure. Ride often and log your kilometres. The site will show in real time which county is out in front. Lanark outrode Renfrew last year, winning the Warden's Plate, but I'd say Renfrew are odds-on-favourites for 2014. Renfrew is "in the game" this year, kicking off June with a ride from Burnstown to White Lake. Game on, Lanark and Renfrew ...

Remember, to keep your balance you must keep moving. Happy Bicycle Month!



No other property compares to this one-of-a-kind location: rural, private and beautiful at the edge of town, and a lovely family home. For more info & pictures about this combo of country living on the river and close to downtown Almonte, please see www.jillmccubbin.com and click the blog tab. \$418,000 613 256-8128



- 5703 Martin Street North
- 3 bedroom, 1 bathroom
- Seven acres of fields and forest
- Riverfront on the Mississippi · 20 min. walk to downtown Almonte



JTSTANDING ART

# Oh Happy Day!

month, Carleton Place's favourite community choir — the **Town Singers** — will be presenting two evenings of the most toe-tapping, hand-clapping, shimmy-inyour-seat gospel music around, to get us all in a great mood for the beautiful sum-- Oh Happy Day!

The Town Singers are a four-part choral group founded in 2007 by Carleton Place resident Gloria Baker. They started with a dozen singers, but in the past seven years have swelled to a seventy-person chorus, ready to take on the greatest challenges that choral music has to offer. Part of the reason for the choir's amazing growth has will take place at 7PM on Sunday, June 15, been its great luck in attracting some of and Tuesday, June 17, in the grand main



Don't miss upcoming concerts by the Carleton Place Town Singers (on June 15 and 17) and the Junior Town Singers (on June 22)

Get ready to move with the music! This the most talented musicians that the Valley has to offer: accomplished choral conductor Kristine MacLaren is its director, mental leader.

And what a show they have for you this mertime just ahead. You are in for a treat June! All the old Gospel favourites are there, from the serene Hear My Prayer, to the traditional Down to the River to Pray, the soulful *Peace in the Valley*, the joyful *I Saw* the Light, and sheer fun of standards such as Dem Bones, Dem Bones, Dem Dry Bones and Joshua Fit the Battle of Jericho, as well as many other old standards and favourites. Mark your calendars! Performances

sanctuary of Carleton Place's beautiful and historic St. Andrew's Presbyterian Church (39 Bridge Street, just north of Lake Avenue). Tickets are \$10, and are available at the door.

And if you like to watch the kids perform — you're in luck! The Junior Town Sing- $\mathbf{ers}$  — aged 8 to 14 — will be putting on their Summer 2014 Concert in the same place — St. Andrew's Presbyterian Church — on Sunday, June 22, at 2PM. Tickets are \$8, and are available at the door. Come and enjoy all the singing and dancing fun!

# **Spend Father's Day** in the Bunker!

and the amazing Peter Brown does triple It's not top-secret and won't involve any duty as arranger, accompanist, and instru- real commandos, but Operation Father's Carp Road, is a four-storey, 300-room, Day will see the Diefenbunker overrun 100,000-square-foot underground bunker with the Royal Canadian Dragoons and some of the rarest Cold War vehicles ever seen.

> Aimed at both raising money for the museum and the Guild of the Royal Canadian Dragoons, the event will also feature an unprecedented display of Cold War vehicles, including the ultra-rare Volvo come through the famous blast tunnel for Sugga, an unusual Swedish military vehicle based on Sweden's iconic taxi cabs.

Families will also have a chance to ride on a few of the vehicles, grab a tour of the museum, buy food, and enjoy beer brewed by the Big Rig Brew Pub (owned by Ottawa Senators' Chris Phillips). Children can get involved too: the Dragoons will be running a special Kiddy Commando course, to put kids through their paces in a mock-military training camp. There will also be live Cold War era music by Adrian Butts through Tetra Speakers.

"It was a natural fit to have a partnership between the Dragoons and the Cold War Collection," says Diefenbunker marketing manager Megan Lafrenière. "It's a great chance for families to come and spend Father's Day, and to recognize the contribution of the men and women who have served our country."

The Diefenbunker, located at 3929 built in secrecy, between 1959 and 1961, at the height of Cold War tensions with the former USSR. It was named for then-Prime Minister John Diefenbaker, after a journalist exposed the existence of the complex. It was decommissioned in 1994.

These days, more than 48,000 visitors tours, says Lafrenière. "At Doors Open Ottawa, we're the most popular site ... thousands of people come out to Carp. We're hoping that Father's Day will be a similar event." The event is co-hosted by the Cold War Collection, Guild of the Royal Canadian Dragoons, and Star Motors.

So plan to take part in Operation Father's Day on June 14 (10AM to 5PM, rain or shine). The cost is \$15 per person or \$40 for a family of five (children under six are free), and includes a military-themed tour of the bunker, rides on vehicles, an exclusive and rare Cold War vehicle display, the Kiddy Commando Course (with prizes!), music, and access to food and beverages.

For more information, contact Megan Lafrenière at 839-0007. Tickets are available through <bunkerdown.eventbrite.ca> or at the Diefenbunker. - Julie Beun



# **Kick Off Summer with MonkeyJunk on June 14**

of the season, but organizers also get excited about warm weather, short skirts, flipflops, and the absence of shovels. This year, to warm up the season and kick off the summer, they're holding a Festival fundraiser at Perth's Crystal Palace, featuring MonkeyJunk.

MonkeyJunk has racked up over twenty Maple Blues Awards, a slew of indie awards, and a Juno in the six years they've been together. Six years of hard touring, of recording, of polishing their sound. They call Ottawa home, and most have been playing their instruments around town since before they could shave. Tony D, the elder statesman of the band, has lent his signature sound to blues bands, including his own, since the eighties, but is also a gifted flamenco player. Steve Marriner, the vocalist, also plays guitar, Hammond organ, and a mean harmonica. Matt Sobb, anchoring the band's sound



The folks at Stewart Park Festival are looking for- on drums and percussion, is a multi-year Drummer ward to the summer. The Festival is the highlight of the Year. The trio is an unusual combo because there's no bass, but there are no holes in the sound. Their latest recording, All Frequencies, out on Canada's Stony Plain Records, is a high-energy romp. Are they a pure blues band? Well, they call themselves "swamp roots rock". MonkeyJunk proudly state that their goal is to get bodies moving, not to show off their solos. So they can play the blues, and they're influenced by the blues, but I suspect they'll be all about the party at The Crystal Palace.

> And a party this will be. Sponsor Perth Brewery promises a tasty selection of brews (and beverages for drivers as well). The Crystal Palace, set right next to the lovely Tay River, is a great place to celebrate the start of summer. You'll be able to watch the sun set as the show starts, and then dance under the stars. So dust off your dancing shoes, and plan on coming out on June 14 to kick off the summer!

> Tickets, at \$20 each, will be available in Perth at Computer Plus, and at the Stewart Park Festival Office (267-3311 x2237), as well as at the door.

Proceeds from this and other fundraisers go to keeping the Stewart Park Festival a free event. The festival will be held this year from July 18-20 in the heart of the Park. More details about the Festival and its events will available in next month's Humm, and at <stewartparkfestival.com>. Mark your calendars!

# **Station Theatre Offers Romantic Comedy**

have in common? Well, if they are characters in the next play being staged by the Smiths Falls Com**munity Theatre**, they are all "*Looking*" for love for the most part, in all the wrong places.

This hilarious comedy, written by one of Canada's most popular playwrights, Norm Foster, follows the sometimes bumbling attempts at dating by a foursome of single, middle-aged people. The writing is sharp and witty, which allows the audience to get to know and empathize with each character.

This small but extremely strong cast includes Mike Adams, returning to the stage as Andy, manager of a storage business. Andy is lonely and wanting to meet a woman with which to spend his life, or at least some time. He decides to run a personal ad in the local paper in order to find someone. Val, the O.R. nurse, played by Katharine Coleman, responds to his ad and agrees to meet for a date. Jamie Schou-

What do an O.R. nurse, a storage business man- lar as Matt the radio host, and Sheila Jasiak as Nina ager, a police officer and a radio morning show host the police officer, agree to tag along on the date as buffers/supporters to their friends, although they both think that only losers answer personal ads. Of course, things rarely go as planned in a Norm Foster comedy, as the buffers become the daters, even if Val and Andy don't seem to quite hit it off.

The play, which is also being directed by Ms. Coleman, has a very minimal set, so chosen to keep the fast-paced play on track and to allow the audience to focus on the dialogue and relationships between the characters. The lighting is the fifth character in this play, used creatively to focus the audience's attention on the emotions and intimate interactions taking place. Audience members will be able to relate to this play in so many ways. Some will relate to the awkwardness of walking the dating minefield, others will just be grateful, as they turn to their spouse, that they don't have to navigate the minefield any longer. However, seeing as this is being touted as a "romantic com-

> edy", one can assume there will be a happy ending — it's the getting there that is the roller coaster ride!

Looking runs for two weekends at the Station Theatre, 53 Victoria Avenue in Smiths Falls. There are 7:30pm shows on June 12, 13, 14, 20 and 21, and two Sunday matinées, on June 15 and 22 at 2PM. Tickets are \$20 for adults and \$10 for students with ID, from Special Greetings (8 Russell St. E. in Smiths Falls), online at <smithsfallstheatre.com>, by phone at 283–0300, and at the door on the day of show (if available), a half-hour before curtain.





The cast of Looking, (left to right) Sheila Jasiak, Katharine Coleman, Mike Adams and Jamie Schoular are set to bring you all the laughs in this delightful Norm Foster comedy at The Smiths Falls Station Theatre in June

June 2014

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# **Until We Meet Again...**

**Music Matters** 

Since I started writing this colreflect on another year of musicmaking, and to say goodbye to those students who are graduating once again.

Music teachers and band directors who are reading this will completely understand where I'm coming from. Students who commit to

#### by Tony Stuart

band, orchestra, or choir spend many hours in rehearsals, in performances, and on the road during tours. In my case, many of my students will have spent six years with me. In six years they go from being children to to not be afraid of admitting when I'm being very capable young adults, and being a part of their journey is always a privilege. When a student tells you that you have played a formative role for them, it is very humbling as well.

In May we had our annual spring concert, and one of the traditions that I've I walked into the band room, and saw the had for a while is that I treat my Grade 12 students to dinner before the show. This gives us a chance to reminisce, but it when she started in Grade 9: also really cements this idea of being like a family. I've always thought that treating them to dinner is a small price to pay in *is my own thing. I started playing sax in* exchange for the many years of service they've given our Music program, and this end of year ritual has become one of my favourite moments.

I think that I've learned as much from umn for theHumm, it has become students, if not more, than what I've something of a tradition for me to taught them. One of the most important things I've learned is that students appreciate being pushed to achieve. As much as they may grumble about having to and moving on. I'd like to do that practice or the hours spent in rehearsals, at the end of the day they appreciate the fact that there are people out there who respect them enough to drive them to become better versions of themselves. I keep a file with all of the cards and letters that I have received over the years, and when I feel like I might be pushing too hard, I go back and re-read what students have said. Almost without exception, they value the sense of accomplishment that comes with hard work.

I've also learned to laugh at myself, and wrong. There are times when I've treated students unfairly, and I've learned that acknowledging this really matters, and helps conductor and musician.

The morning after our spring concert, following note written on my white board from a student who was painfully shy

Dear Mr. Stuart,

Grade 6 at my old school, which is remarkable because they have no music program at all, just a bunch of music-deprived kids over there.



This great shot of Mr. Stuart's grade 12 band members on a recent trip to New York City captures the bittersweet feeling of togetherness before impending graduation

which came to our school and you played build respectful relationships between The Simpsons (there were bass players walking down the aisles and stuff) and a sax stood up and played a solo and I thought, "I like that. I want to do that, whatever it was."

*I then used Google images to determine* the name of the instrument (the saxophone) and started lessons. Keep playing I didn't get to sign your card, so here for kids because they DO get inspired. I have loved this program, and can now play loud in front of a bunch of people. I am proud of that.

> Needless to say, I was rendered speechless (which isn't an easy thing to do!). It re-

It was, I believe, your Senior Band minded me once again why I have the greatest job in the world, and how fortunate I am to work with such great young people.

To my graduating students, I'd like to leave you with the following. Please accept my thanks for the privilege of being your director and witnessing your transformation from children into amazing young adults. Continue to strive for excellence, be kind to one another, and look back fondly on your years spent in band. I know that I will.

Tony Stuart is the Music Director at Notre Dame Catholic High School in Carleton Place, and a freelance professional musician.



# **More Than One Good Turn**

Fred Buffam's interest in woodworking Calgary Winter Olympics. Upon complebegan in 1967 at his father's workshop in Fallbrook. Shortly thereafter a mentor suggested he take the Forestry Technician program at Sir Sanford Fleming College, due to his knowledge of trees, so off he went.

Upon graduation he returned to Fallbrook to work with his father, repairing antiques and practicing woodturning, mainly on four-poster beds. Over the next nine years they built a very successful furniture business.



Join master woodworker Fred Buffam at his Studio Show in Lanark on June 7 and 8

to "go west young man", so he packed up and moved to Calgary during the height of the building boom. His knowledge of wood and design allowed him to work with a company building circular staircases, as well as exotic bars for restaurants on Electric Avenue. He later became a mill worker for Spectra Hardwood, a supplier of domestic and imported hardwoods, expanding his knowledge and constantly tion, and enjoy a glass of refreshment. learning more about wood.

Following this, he started his own business making speaker boxes for the 1988 267-0526.

tion of that project, he returned to Fallbrook and built his first shop, Fallbrook Furniture Designs, specializing in Canadiana reproductions. The experience he gained while working with his father gave him a thorough understanding of furniture design, so he proceeded to create and produce a lot of beds, tables, hutches, sideboards, desks, book shelves, and whatever else people wanted, which now live in many homes throughout the country.

His love of restoration took him to Rideau Hall on a contract project to restore the windows and doors of the Map Room, following historic specifications. This led him to another historic restoration, at the James Naismith home in Almonte.

In 2006, Fred moved to his commercial shop to Lanark, where he has a close emotional connection with the wood and his craft, and goes bush-walking to spot unusual pieces for his burl vessels and "Rock in the Block" sculptures.

Fred is a master craftsman with over forty year' of experience creating original, functional and beautiful designs, which have a contemporary look and a classil trademark of solid wood joinery. His elegant live

In the fall of 1981, Fred felt a calling edge tables are hand crafted from start to finish. His love of nature shows up in his sculpted vessels and what he refers to as "Rocks in a Block". The pure beauty of timeless wood lives forever and his pieces will become a legacy.

> Join Fred at his Studio Show on June 7 and 8, from 10AM to 4PM daily, at 74 George Street Unit 3, in Lanark. Meet the designer, watch a burl vessel demonstra-See you there! For more information, email <fredbuffam52@gmail.com> or call

# **Eat Strawberries... Fund Therapeutic Riding!**

With the support of the Herb Garden along with a silent auction, raffle, door and Beckwith Berries, the Lanark County Therapeutic Riding Program is very excit-Social fundraiser. The Riding Program is Sandy at 257–7121 x236. The Riding Probled adults and children in and around funding, so your support is very much ap-Lanark County by introducing them to the preciated. healing powers of horseback. The team consists of instructors who are certified through the Canadian Therapeutic Riding Association, a consulting physiotherapist, enthusiastic volunteers who offer their expertise and caring, and of course the wonderful horses!

you tea/coffee and strawberry shortcake,

prizes, and access to the Herb Garden for the afternoon. They are available at Read's ed to be hosting their second Strawberry Book Store in Carleton Place or by calling in its 28<sup>th</sup> year of offering support to disa- gram does not have ongoing government

So come out to the Herb Garden (3840 Old Almonte Road in Almonte; 256-0228) on Sunday, June 29, from 2-4PM, for some delicious treats, fresh air, and beautiful surroundings, and help support this great cause! Find more information on the Program at Tickets are \$10 per person and get <therapeuticriding.ca> and the Herb Garden at <herbgarden.on.ca>.



Paradise & Heritage Prestige in Almonte An abundance of character in an idyllic location. This grand heritage stone home sits on the banks of the Mississippi River on a private lot that is walking distance to quaint downtown Almonte. Large rooms and tasteful upgrades create an oasis inside and out. Book a private viewing before it is too late.





www.thehumm.com

Facebook





RETROLICIOUS

June 2014

# I'm Up For the Challenge!

The Reever Report

any new product. When most important part of the R&D was to make the box itself "user-friendly". attractive in a represen-

by Glenda Jones

way — blue for the sky, water, etc., and comfortable to handle. Researchers took careful measurements to determine the depth of the box, the weight both empty and full, and the ease of carrying the box — in particular, smooth edges and convenient handles. They made many prototypes to be tested by people who would be handling the box, to create the perfect useable container. We take this process for granted when we lug that carefully designed box to the curb.

What do you know about challenge will be out of the loop on the face of the message reergonomics? It is an in- for more than a day. They won't tegral part of marketing have a clue what is transpiring in others' lives — who's washing the Blue Box programme their hair, what they plan to wear was being rolled out, the the next day. They won't have games to play while they should be paying attention to Mom. Their thumbs will heal over and grow It was essential that it be soft from no texting. They'll likely have withdrawal symptoms from tational and utilitarian lack of instant media gratification.

> I, on the other hand — on both hands actually, since I don't ever carry my phone — will not be deprived. I won't miss any phone calls because my cell phone is never switched on. My son will tell you the first time the darn thing rang, I didn't know how to answer it! I don't need an iPad with connectivity to the internet either. The world doesn't need to be hammering on my door when I'm out in the garden. I don't need constant streaming news, online shopping, catalogues, Youtubes of cats, Facebook or websites. I wouldn't know how to play games on a cell phone, let

 $\mathbf{T}$  – on the other hand – on both hands  $\mathbf{I}$ actually, since I don't ever carry my phone — will not be deprived.

with the development of anything that is hand-held, including all the techno-toys that have plete Luddite when it comes to become extensions of everyone's arms and ears. Hold an egg in your hand: smooth edges nestled in your relaxed palm, hardly seen by anyone but you, but precious and fragile and protected; just the sort of design that makes a cell phone convenient and easy to carry. Notice, too, that the ends, and certainly, we're undesign has been refined to make them smaller for smaller hands to hold so kids are attracted to them. They slide easily into your pocket (and fall out just as easily, I might add — oh, the angst when someone says they've lost their phone). The cell phone becomes a friendly talisman that it easier to communicate without appeals to those who need an the bother of reading emotion you stand it? electronic security blanket.

I only carry eggs from the fridge to the frying pan; I certainly wouldn't think of carrying one around all day. In fact, I don't even want to carry my purse half the time. The thought of having to have that cell phone in my hand all day makes me think I'd only have one useful hand for anything. It's bad enough being left-handed without that disability on top of it.

So here's the thing: I'm up for this SchoolBox challenge of doing without techno-toys for 30 long, long hours. These poor deprived kids who are signing up for the

m

The same process takes place alone control the tiny little keys are they reading emails? Nearly to text someone.

> That's not to say I'm a comtechnology. I've mastered some of the intricacies of my computer, and I enjoy it when it suits me to take time in front of it. However, I don't want to be like Dick Tracy, carrying all this knowledge right on my wrist. I try to step away from the machine for the weekplugged after about 5PM daily.

> Nothing delights me more call with an invitation to dinner or a friendly long distance call. A real live voice on the other end is so much better than emails all the time. Young people likely find

cipient. Consider this: cyberbullying would be impossible if cell phones were turned off.

There is a concerted effort to provide the participating school kids with activities for the thirty hours they will be disconnected. I've got some they can try too. They could actually engage in a conversation of longer than a minute. They could pay attention to a speaker at a presentation. They could listen to live music at a real concert. They could walk anywhere without headphones thumping out rap music. They could actually observe nature. They could look outwards instead of inwards - no "selfies". They could ride in the car and look out the windows instead of watching a movie on a tiny screen. They could read a real book with paper pages — preferably one with no pictures. They could pick up that long thing called a pencil and write a full sentence with proper grammar and — like — verbs and everything!

I'm not laying this criticism only on young people. When was the last time you sat in a meeting where everyone simply participated without their laptops activated? Are they engaged, or every meeting is interrupted with a ringtone, and often people simply "talk to themselves" with that Blue Tooth hung on their ear. Common courtesy should dictate that we don't have to announce that these things should be disconnected at appropriate times, but we get the admonition wherever we go. Maybe adults should have to step away from the toys too. How long would that last, I wonder?

I'm on my way to the garden than getting a true home phone now, with only my trusty little shovel, and a good pair of gloves. Don't try to call me. Do come to see me if you want. I'll walk you all around the yard and through the woods, but you'll have to leave your phone in your car. Can

## **Meet Me In Middleville!**

Middleville is the place to be on Sunday, June 22! Enjoy lovely scenery in the friendly village while helping to support the Community Centre and Middleville Museum.

#### Strawberry Social and BBQ

Stop by the Community Centre between noon and 2PM to partake of the Strawberry Social and BBQ. Hamburgers, hot dogs and strawberry shortcake with all the trimmings will be on offer. There will also be musical entertainment for your dining pleasure, courtesy of Alberta and Friends, who always provide a toe-tapping good time. Face painting will be available for the children. Proceeds raised will go towards kitchen improvements at the hall.

#### Family History Day

Be sure to drop by the Middleville Museum — it is a true village treasure and well worth the visit. From 1–4PM on June 22, genealogist David Murdoch will be on hand to help local families research their heritage. Bring family documents and photographs to learn more about them, and have David show you information about your family from the museum's extensive files. What could be better than combining an old-fashioned strawberry social and a trip to the museum to learn more about your family history? Information will be provided at no charge, but donations are welcome.





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June 2014

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# Mudds Span Cinderella to Shakespeare!

auditions, at the Carleton Place Town Hall, for people aged 15 and over. *Cinderella* is a large-cast interested in being involved in what has become a local tradition? Let us tell you a little more.

15-year-old, well-established presence in local community theatre, took a chance on a new venture: British panto. Would the locals embrace this genre of theatre? Read on.

Panto is short for pantomime, but make no mistake - this has nothing to do with white-faced clowns walking against the wind or trapped in a box. Panto is truly theatre for the people, laced



The Mississippi Mudds provide fun opportunities for all ages - on or off stage!

On June 21 at 9AM, the Mississippi Mudds are with traditions that date from medieval street theaholding a general information sign-up session and tre to 19<sup>th</sup> century vaudeville. It always incorporates popular songs, local and political references, a story of love or redemption, and slapstick comedy, all family musical comedy which is scheduled to open built around a traditional story. And for many years in Carleton Place at the end of November. Are you it has been *the* family entertainment that marks the Christmas season for Britons, wherever they reside.

The Mudds claim the distinction of having in-25 years ago the Mississippi Mudds, already a troduced Lanark County to the wonders of British panto, with their first presentation of Cinderella back in 1989. Since then it has indeed become a well-loved tradition in our area too. Since that beginning, they have mounted such shows as Aladdin, Robin Hood, Snow White, Hercules, Alice in Wonderland and last year's Humbug. Maybe you have attended some of these in the grand old auditorium at the Carleton Place Town Hall?

If you want to know more about the upcoming information, sign-up and audition date, please visit <stuffthathelps.com/Cndellainfo.html>. It will tell you all you need to know about the day's timetable, the cast/age requirements, and the audition process.

#### **More Youth Auditions**

The Mudds Youth Theatre invites youth aged 12– 17 to audition for twenty speaking roles in William Shakespeare's A Midsummer Night's Dream. Auditions will take place on Saturday, June 14, from 10AM to 1PM at St. James Anglican Church in Carleton Place (Edmund Street). There are also four roles with a handful of lines for children aged 8–11. Being part of a theatre ensemble is a very rewarding experience for teens, and the production team looks forward to meeting all interested youth on June 14. No experience is necessary!

If you would like to learn more about the Mudds in general, please visit <mississippimudds.ca >.

#### Flower Show and lea

The Carleton Place and District Horticultural So- Partners and Projects ciety's A History of Carleton Place Summer Flower The Horticulture Society partners with Carleton June 14, at the Zion-Memorial United Church, 37 Franklin Street in Carleton Place. The church hall is wheelchair accessible.

#### **Flower Show**

Entries for the flower show may be placed between 8:30 and 11AM, and the judging will take place between 11:30AM and 1PM. With the exception of the Floral Design category, all exhibitors must be paid-up members of the Society. For information on membership, go to <cphorticulture.ca>. For information on exhibiting, contact Heather Lebeau a book of members' recipes (sold as a fundraiser). at <n-lebeau@sympatico.ca> or 613-257-7604.

The flower show is open to the public, at no charge, from 1:30-4рм. Master Gardener Paul Pietsch will hold a question-and-answer session, also at no charge, from 2–3:30PM. Check out the Carleton Place and Beckwith Heritage Museum's display commemorating the founding of the first CP Horticultural Society one hundred years ago.

#### **English Tea**

Stop in and feast on tea sandwiches, assorted squares, and scones with jam (or lemon curd) and accompanied, of course, by a delicious cup of tea. members of the Society. The cost is \$7.50 at the <ruth larmour@sympatico.ca> or call 257–4101. door.

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Please join us in welcoming our new associate lawyer. Pamela Biron will be concentrating on Family Law and Small Claims.

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Show and English Tea will be held on Saturday, Place in Bloom, the Carleton Place Labyrinth Committee, Lanark County Master Gardeners, the Garden of Hope and the Carleton Place and Beckwith Historical Society, as well as the Victoria School Museum garden.

In addition to the annual spring tea, the Society conducts workshops throughout the year, donates bursaries to local high schools, funds school gardening projects, holds an annual plant sale, has mini flower shows at some of their regular monthly meetings, produces a year book and a bi-monthly newsletter, sells calendars and, this year, produced

#### Meetings

The Society meets the first Wednesday of the month (except in January, February, July and August) at 7PM at St. Andrew's Presbyterian Church hall, 39 Bridge Street in Carleton Place (enter on Beckwith Street across from the Market Square). After a brief business meeting, there are refreshments and usually a guest speaker, often with slides and a demonstration. There are door prizes and a raffle at each meeting. The June and December meetings are potluck dinners, which are always popular events. New cream, all made by members of the Society. All are members, particularly novice gardeners and those who have never tried gardening, are most welcome. The room will be decorated with lovely tablecloths, Come and join this friendly, cordial group. For fine china and floral centrepieces, also created by more information, go to <cphorticulture.ca>, email





# <u>JUNE 2014</u>

Friday



Sunday

 Valley Singles Lunch, Jun I, IPM. Cedar Cove Resort, White Lake. 623-6698.
Games Night, Mondays, 7PM. Board games, cards ABC Hall Bolingbroke 273-2965

cards., Abc mail, boilingbroke. 273-2765.		
Green Drinks, Jun 3, 5:30PM, Informal envital		
mtg. Around the Corner, 40 Foster St.,		
Perth. Perthgreendrinks@gmail.com.		

Labyrinth Walk, Tuesdays, 9-10AM. CP Community Labyrinth, CP & Beckwith Heritage Museum. 257-1014. Free.

**CP Hort. Soc. Mtg/Potluck**, Jun 4, 6PM, St.Andrew's, CP. cphorticulture.ca.

- **Busfusion**, Jun 5-8. Volkswagen Campers. Almonte Fairgrounds. busfusion.com
- Historical Bus Tour/Lunch, Jun 5, 10AM, Bus (\$20), catered lunch (\$10). North Lanark Regional Museum, Appleton.
- Rideau Heritage Route Tourism AGM, Jun 5, 4:30-6PM. Rideau Canal Museum, SF. info@rideauheritageroute.ca

24-hr Bio-Blitz, Jun 6, IPM - Jun 7, IPM.Volunteers & experts; stay for all or part. Keddy Nature Sanctuary. 253-2722, mmltc.ca

- Relay for Life, Jun 6, 7PM-7AM. Cdn. Cancer Soc 12-hr fundraiser. Gemmill Park, Almonte. 256-042 I, relayforlife.ca/mississippimills.
- Lanark County Taste Tour, Jun 7. Marcel van Oort (Sauce Stop). Al. Farmers' Mkt. 8:30-12:30). almontefarmersmarket.ca
- Antique Show & Sale, Jun 7, 10AM-5PM, Jun 8 10AM-4PM. Westport Comm Ctr. Canadianantiquefairs@gmail.com, \$7.
- Lanark Co. Genealogical Soc., Jun 7, 1:30PM, Family Artifacts Show/Tell.Archives Lanark, 1920 Conc 7, Perth.
- Yard, Plant, Bake Sale, Jun 7, 8AM-IPM, Zion-Memorial United Church, CP
- Celebrate Our Rivers Paddles: Wilber Lake to Eganville (Jun 7, 10AM, \$13; \$10 in adv); Snake River (Jun 14, 9:30AM, \$5); Bonnechere River Paddle & Cleanup (Jun 21, 9:30AM, \$5); info & register at CelebrateOurRiver.ca
- Humane Society Walk-A-Thon, Jun 8, 10AM Reg'n, 11AM Walk. arnpriorhumanesociety.ca. Robert Simpson Park, Arnprior
- Doors Open Smiths Falls, Jun 8, 10AM-4PM.doorsopenontario.on.ca/Events/ Smiths-Falls.aspx. Free
- Diesel Train Rides, Jun 8, I I AM-3PM, \$5, Railway Museum of E. ON, SF. 283-5696
- Stride to Turn the Tide, Jun 14, 10AM. Mississippi Grannies fundraising walk (9AM reg'n). Mill of Kintail,Almonte. \$5
- Beckwith Heritage Days, Jun 14,9AM-7PM, Pancakes, petting farm, pony rides, BBQ. Beckwith Park, twp.beckwith.on.ca.
- Flower Show and English Tea, Jun 14, 1:30-4PM. CP Hort Soc. Zion-Memorial United, CP 257-4101.Tea \$7.50
- **Operation Father's Day**, Jun 14, 10AM-5PM. Cold War vehicles, Kiddy Commando Course, music.Diefenbunker, Carp, **\$15**
- Labyrinth Peace Walk, Jun 19, 5:30PM. Bring picnic. CP & Beckwith Museum. Free
- Celebrate Summer Dinner, Jun 21, 4:30-7PM. Zion-Memorial United, CP.\$12
- Perth Kilt Run, Jun 21, 6:15PM. Lots of people running in kilts. Live music. Perth Town Hall. perthkiltrun.blogspot.com
- Walk for LAWS, Jun 21, 10AM. Cdn Co-op Wool Growers, CP. lanarkanimals.ca

mario.cerroni@photodiction.com, \$5

mondVillageArt Club. Curling Club, 6117

(10-12 wind chimes/walking sticks work-

shop). Ott.Valley Creative Arts, Killalloe

24, 6PM. Annual potluck dinner. Lions Hall,

Lanark County Quilters Guild, Jun

Miss. Mills Bicycle Month: mmbm.ca

Jun 4, 9:30AM Rusty Spokes Ride

Jun 8, 8:30AM Birders on Bicycles

Jun 14, 10AM Chicks on Mtn Bikes

Jun 21,9pm Stargazers Bicycle Tour

Jun 28, 9AM, Eat Local Bike Tour

May 31, 10:30AM Opening/Perianne Jones

Perth Fairgrounds. 264-9232

Art in the Park, Jun 21, 11AM-4PM. Rich-

Art in the Yard Sale, Jun 21, 8AM-Noon.

Perth St., Richmond

- Family History Day, Jun 22, 1-4PM. Genealogist David Murdoch helps research their heritage. Middleville Museum
- **Strawberry Social & BBQ**, Jun 22, Noon-2PM. Strawberry shortcake, drinks; band. Fundraiser. Middleville Comm Ctr
- Silver Queen Mine Guided Hike, Jun 25, 10AM, Pre-register at Murphys Point Park, Perth. 267-5353x133
- Heritage House & Garden Tour, Jun 28, 12:30-4:30PM.Tickets \$25 at Neat, Hello Yellow. Burnstown area. 432-6987
- Silver Queen Mine Open House, Jun 29, 10AM-Noon. Murphys Point Provincial Park, heritagemicadays.ca
- Strawberry Social, Jun 29, 2-4PM. Fundraiser for Therapeutic Riding. Tickets at Read's.Herb Garden, Almonte.\$10



Saturday

Almonte Bike Month Opening w/Perianne Jones, Almonte

Art Show & Sale, Burritts Rapids

 2PM. Norm Foster comedy. Station Theatre, Smiths Falls. \$20; \$10 student w/ID
Doc Wuthergloom's Haunted Medicine Show, Jun 13, 8PM. Ages 16+. \$20 (Baker Bob's). MVTM, Almonte. puppetsup.ca

 Gaslight, Jun 13-14, 19-21, 8PM; Jun 15, 22, 2PM. Full Circle Theatre, Perth. barndoorproductions.ca. \$22; \$20 reserved (cash)
Buzz Collins Comedy Hypnosis Experience, Jun 14, 7PM.Gallipeau Centre,

SF.gallipeaucentretheatre.com. \$29.50 **Mudds Auditions**, Jun 21, 9AM-1PM. *Cinderella*. Ages 15+. Sign-up 9AM; auditions 10AM-1PM. CP Town Hall. 253-2007

Mississippi Mudds AGM, Jun 25, 7PM. St. Mary's Catholic Church, 28 Hawthorne Ave., CP. 253-2007, mississippimudds.ca

Spiritual Cinema Circle, Jun 29, 2PM. McMartin House, Perth. 267-4819, fp@ superaje.com.\$2 donation

Art Show & Sale, May 31, Jun 1, 7, 8; 11 AM-5PM. Joyce Frances Devlin Art Studio, 7590

Dwyer Hill Rd., Burritts Rapids Breakfast with the Arts, May 31, 8AM breakfast, cement garden-art 9AM. Artemisia, Westport. 273-8775

 Opening Reception, Jun 6, 7-9PM. Mixed media sculpture by Lisa Thomas. General Fine Craft, Almonte. generalfinecraft.com
Annual Jewellery Show, Jun 7, 11 AM-8PM. For Ovarian Cancer. Bittersweet Gallery, Burnstown, burnstown, ca/bittersweet

Quilt Show, Jun 7 (10-5); June 8 (12-4). Quilts, merchants mall, tea room, raffles. Ma-te-way Activity Centre, Renfrew. \$6 Studio Open House, Jun 7-8, 10AM-3PM. Sweet Oasis Art Studio, 7236 County Rd.

12, McDonalds Corners. 278-1580

 Vernissage, Jun 13, 7-9PM. Strachan Johnston. Brush Strokes, CP. 253-8088
Art in The Garden, Jun 14-15 9AM-5PM. Show/sale of art & outdoor living accessories. Kiwi Gardens, Perth. 267-7384

Almonte. 257-8481, 4a-artists.ca

267-0526, fredbuffam52@gmail.com

**4A Potluck**, Jun 9, 6PM. Potluck dinner, show

Vernissage, Jun 12, 7-9PM, Long gone: Almon-

& tell w/ Noreen Young. Millfall Condos,

te. Jill McCubbin. Fairview Manor, Almonte

Golden Paint Workshop, Jun 14, 9AM-Noon. Demo, info pkg, samples. Carambeck Com Centre, CP. 253-4716, \$25

Almonte Quilters' Guild, Jun 16,6:30PM. Potluck dinner:Almonte Civitan Hall.257-8444, mfshurben@gmail.com

Arnprior Quilters' Guild, Jun 18,7-9PM. Christian Education Ctr;Arnprior: arnpriordistrictquiltersguild.com. \$5; \$20/yr



June 2014



# **A New Face** at Mica Days

Hi! My name is Katie Clarke, and I am the festival manager for Heritage Mica Days 2014. I grew up in Carleton Place and have had the opportunity to work for a few heritage organizations in the Ottawa Valley. I am delighted to be a part of the Heritage Mica Days team this summer and keen to get started, managing and delivering a great line-up of events.

Come out to Murphys Point and join us for our first Silver Queen Mine Open House Tour on June 29. The Silver Queen Mine is a beautiful late nineteenth century mine that was active until 1920. Our Open House Tours will be happening every Sunday throughout the summer — you can travel at your own pace, participate in our Junior Mica Miner program, and chat with our costumed interpreters.

Check out <heritagemicadays.ca> to view all of our events. If you have any questions about them, or are looking to volunteer this summer, please contact me at 267-5353 x133 or <heritagemicadays@gmail.com>.

I'm looking forward to seeing you this summer at Murphys Point!

An Invitation for the Eyes of Almonte! The Almonte Spectacle Shoppe is pleased to invite you to come and see the newest fashions in glasses. Take time to browse and experience how a new outlook can lift your spirits. With over 25 years of experience we are happy to help you find the look you've been waiting for. Looking forward to seeing you soon! 10 Houston Drive Almonte ALMONTE SPECTACLE ATUPAE MIGLISTERING 613-256-7431 Mon–Friday 9:30-5:30 Saturday 9 - 12

uppm

# The Look Of LUV

#### 3<sup>rd</sup> Annual Event in Support of Ovarian Cancer

marking the third event hosted by Bittersweet Gallery etchings on metal, sculpting the surface. Signature in support of Ovarian Cancer Canada and the Ovar- renderings captured in shimmering silver pewter, ian Cancer Canada Walk of Hope, to help raise awareness of the foundation's goals and objectives.

rated with Burnstown resident Denyse Cam- with life, leaving a profound impression. peau, National Director of Development for Ovarian Cancer Canada, who will be present Why Ovarian Cancer Canada? to answer questions and raise awareness of Of the 2,600 women diagnosed with ovarian canthe foundation's goals and objectives.

since its conception in year 2000, and boasts the largest collection of her work outside of Quebec.

The event will also feature new works by Bittersweet's stable of artists, and introduce some new ones. Sculptor Richard Gill will open his studio, where visitors can preview some intriguing current works in progress. Its a good opportunity to discuss custom work or sign up for a workshop in clayrelief. In the spirit of the event, chef Gunnar Guckes of Grassy Bay Getaway in Calabogie returns to create sweet and savoury snacks for the occasion. There will also be a draw to win an exqui-

site Chagnon piece, as well as a relief sculpture by Richard Gill.

Canada in the fall, that took place in the Bennett/ donates ten percent of Chagnon sales to that cause, and walkers raised almost \$8,000.

#### **About LUV**

Anne Marie Chagnon's work is prolific. Every year

The Look Of LUV opens in Burnstown on June 7, flowing through the artist's illustrations are like sensuous radiant gold and bright copper create a landscape where wind, water, fire and air mingle. Gallery owner Cheryl Babineau has collabo- LUV's harmonious and colourful lines imbue it

cer each year in Canada, 70% will not survive five Cheryl is once again showcasing the popular years. With vague symptoms and no early detecdesigns of Montreal jeweller Anne Marie Chag- tion test, ovarian cancer is Canada's most fatal non with a spring trunk show of her latest collection, women's cancer. A recent survey of Canadian called LUV. The gallery has represented the designer researchers in the field of ovarian cancer con-

cluded that \$10 million is

needed to make significant

strides towards a reliable

early screening test, im-

proved treatments, and

enhancing the quality of

life for women living with

this disease. Yet a recent

study by Charity Intelli-

gence Canada shows that

only 2.1% of Canadian

donations for cancer are

directed at ovarian cancer.

Research is the only means

to overcoming ovarian

cancer, but we also need to

continue supporting wom-

en living with the disease

and their families, as well

as providing education and

awareness for the general

public and health care pro-

fessionals. Unlike so many



The Ovarian Cancer research fundraiser features jewellery by Anne Marie Chagnon

other causes, the work of Ovarian Cancer Canada Funds raised from last year's event were used is not duplicated by any other group — their work to launch a Walk for Hope for Ovarian Cancer to overcome ovarian cancer and the attention they are now giving to the other gynecologi-Lindsay labyrinth on gallery grounds. Bittersweet cal cancers is unique in Canada. Together we can give hope to women living with ovarian cancer, hope to their families and loved ones, and hope to all the women in Canada who could potentially face this devastating disease.

The Look Of LUV opens at Bittersweet Fine the artist conceives and manifests an entirely new Craft and Art on June 7, from 11AM to 8PM, at collection that merits a celebratory launch. She 5 Leckie Lane in Burnstown. The Labyrinth will writes: "LUV reunites, bridging roundness and also be open for visitors to explore. For more details sharpness; uniting image with object." The lines call 432-5254 or visit <br/>burnstown.ca/bittersweet>.

# Think Big. Expect Better.

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Facebook: www.facebook.com/cam.mather

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June 2014

# **Burnstown Heritage House & Garden Tour**

Then don't miss the second Burnstown Heritage House and Garden Tour on Saturday, June 28 from 12:30-4:30рм.

There are seven locations in and around Burnstown to visit: four gardens, three heritage homes, school, church, radio station, and labyrinth. Included in the \$25 price is a strawberry social at the Burnstown Church. Your passport provides a map and a short description of each location. The order of viewing is up to you — start and finish anywhere along the route.

There are two locations in Burnstown, besides the church. One is the 1889 one-room school house. Today it is Neat Coffee Shop, with its café

and roast house. Lately, it has become known for its unique concert venue. The tour includes the garden, and perhaps you will also see some freetrade coffee being roasted.

The second location is one of the village's oldest buildings. It was built around 1850 as a home and later became a cheese factory. Today it is the

home of Prime Valley Realty. The tour includes the basement to show the timbers and floorboards. While there, listen to tales of rescues and drownings on the Madawaska.

Heading towards White Lake, you'll find the gardens of Mary and Peter Stanton. These gardens were planted in 2011, after fire destroyed their heritage house. The rear garden layout is reminiscent



Are you interested in history or homes or gardens? of a formal French country courtyard. The front garden is more informal and relaxed.

Nearby is the farm of Joan and Ross Headrick. Back by popular demand, you can visit an early log cabin from the early 1800s, lovingly furnished to that time period. The tour also includes the 1860s current home, gardens, and a visit to Lucifer, a cob oven created out of straw, sand and clay. Joan will be there in period costume and perhaps preparing something in Lucifer.

Heading towards Glasgow is another exceptional garden created by artists Valerie Roos Webster and John Webster. It was originally designed as a hot, dry, "Mediterranean" garden and is now transitioning into a partial shade one. There is also a small

> The actual building was once the Jack Russell Drive-In Theatre. There may even be a live

band on stage when you visit!

Take in the silent auction while at the strawberry social (included in the price.) If you have time, walk the 11-circuit labyrinth behind Bittersweet Gallery on Leckie Lane.

The tour takes place rain or shine. There are a limited number of tickets. Sorry, but children under 12 and pets are not allowed. Proceeds go to the Burnstown United Church.

Set in the era of gas lighting, before the harsh

she may be losing control. The final straw is the ap-

pearance, one evening, of a strange man with an

incredible story to tell. And it all revolves around

who have hundreds of performances and scores of

productions behind them, with a thrilling, gripping

mystery story and the visual effects of a gas-lit Vic-

torian parlour in 1870s London. It is truly classic

theatre. Catch a performance at 8PM on June 13, 14,

Academy for Musical Theatre <musictheatre.ca>

will be bringing a summer-long series of workshops

and performances for young people to Full Circle

Theatre, beginning in early July and continuing

through August, while BarnDoor Productions pre-

pares its second classic production for the summer:

the bawdy, shocking 1670 comedy The Country

nights not taken up with the rest.

And even that's not the end, as BDP are lining

All the information you need on these summer

Tickets for *The Anger in Ernest and Ernestine* and

The summer doesn't stop there, however! The

19, 20 or 21; or a 2PM matinée on June 15 or 22.

The production combines the talents of a cast,

the gaslight.



Tickets can be picked up at the Neat in Burnstown, Valley Heritage Radio, Aikenhead's Drug Store in Renfrew, Antrim Truck Stop in Arnprior, Pakenham General Store, Hello Yellow in Almonte, or The Running Stitch in Kanata. Tickets can also be emailed or mailed to you. Please contact Irene at <irener@renfrew.net> or 432-6987. For further details, you can also phone 433-3389 or search for "Burnstown" on Facebook.



**A Full Circle Summer** Summer is starting to roll along for Perth's on the screen, it brought a 19-year old Angela Lans-Full Circle Theatre, as not one but two exbury to prominence. Since then, it has remained in citing productions come into the groundproduction around the world. barrier-free theatre this level. month. **BarnDoor Productions** is putting together their glare of electricity, the play is the story of a woman 94<sup>th</sup> show, the classic mystery/thriller *Gaslight*, for who may or may not be losing her mind. Her husmid-June, but first Full Circle Theatre will host a band's patience with her erratic behaviour is growspecial visit from Ottawa's newest professional ing thin; she, herself, is beginning to believe that

theatre. Vacant House Theatre began performing only last month and has had a very successful run in Ottawa with their production of the classic Canadian comedy The Anger in Ernest and Ernestine. It's a four-hand play that actually has only two characters: two performers play Ernest and Ernestine while two play The Anger in Ernest and Ernestine. It's a very fun, funny show about a young married couple who move into a basement apartment and have to come to grips with living with another human being. One quarter of the cast is actually from Perth, as it features the talents of Perth native Alexis Scott, who has previously appeared with BarnDoor Productions in *The Chimes* and *Dark of the Moon*. It's also the first time that Vacant House Theatre has performed the show in a real theatre — their Ottawa venue was actually a basement!

The show will come to Perth for three performances only: June 6 and 7 at 8PM and June 8 at 2PM. *Wife*, for the end of July and early August.

Hard on the heels of The Anger, BDP's summer season gets rolling as Patrick Hamilton's Gas- up a series of concerts and other events for the few *light* takes over the stage on June 13 for seven performances over two weekends. Gaslight is considered one of the classic thrillers of all time. It was a hit in events can be found at <br/>barndoorproductions.ca>. London and on Broadway (where it was re-titled Angel Street to avoid conflict with another production) for Gaslight are \$20 reserved; \$22 at the door. Resand then made into two movies, the more famous ervations are a fast phone call away at 6267–1884. starring Ingrid Bergman, Charles Boyer and Joseph No credit cards are needed. Cash at the door is re-Cotten. On the stage, it made a star of Vincent Price; quested.



## **Stewart Park Festival Presents** Kick Off to Summer Party

# KEYIU

Saturday June 14 **Crystal Palace** Perth

Doors open @ 8:00 \$20 in advance or at the door v.stewartparkfestival.com



**Proceeds to** Stewart **Park Fest** 2014

# Is It Just Me?

But... (yes, with me there is always a but) I have a background in the advertising industry. I know how it works from the inseems to be getting progressively worse.

advertising is getting a little too risqué these you can do the math on that one.

#### by Steve Scanlon

days? Ads on television seem to be pushing the ennoticed the amount of sexual innuendo being ban-

— I've pretty well heard it all in one form or another — but I can imagine my daughter sitting in the car with me, and how quickly I would be changing the station (which frankly I did anyway because it was embarrassingly immature). I'm seriously thinking of buying earplugs for my children... but then I'd have to unwrap all the bubble wrap I have wound around them, to get to their ears.

foul language to sell their product while not actually swearing on the air. I call it the sh, sh, sh, shaving cream phenomenon [google "Shaving Cream song" if you are unfamiliar — ed.]. It apparently isn't working too well, though, as I can't actually sexual innuendo as much as the next guy, but seriously, they've taken away all the guesswork with the Victoria's Secret commercials airing now. There is nothing covert about Victoria anymore. It's more Victoria's Gossip. And nobody likes a gossip, except perhaps fans of Coronation Street. If the Victoria's youth, I'd never have left the house.

The lovely and talented and I were watching television the other night when one particularly vile commercial was aired (which prompted this unfortunate the commercial-free children's stations and the great rant). It was for a feminine hygiene product. You can't outdoors. I just think we could tone it down a little. throw a rock at a television without hitting a feminine hygiene commercial these days, and that's just life. But top. So c'mon - creative directors and art directors there are good ways to produce these commercials of the world unite — think of the children!

I'm not a prude. I am, in fact, fairly liberal and bad ways to produce these commercials. I am in my views and in my attitude. I am a child partial to the one in which the boyfriend is acting like of the sixties, so how could I be otherwise? some type of superhero in front of the mirror with pads stuck on his arms and chest as armor when... wait for it... the girlfriend walks in with her parents. My kind of funny. What is not funny is the commerside, and I have noticed a trend lately that cial in which one lady is talking to another lady, and is describing SAM and how much she loves SAM and Now it might just be me, because I do how SAM knows how to take care of a woman and, at have a unique outlook on the world, but this very moment SAM is... well, I can't even write it. (there's that word again) doesn't it seem that SAM is an acronym for Super Absorbent Material, so

> My wife cringed. I hid under the couch. I wouldn't come out until my wife promised me the ad was over and that we would never, ever have to see it again.

It seems to be a trend to try and shock us velope just a little past my comfort zone. (And my into noticing a product or service. I blame The comfort zone is the size of eleven football fields. I Simpsons. I do. The Simpsons show was, at its start, know, I measured.) Even radio morning talk shows a cutting-edge, pushing-every-boundary, in-yourare bending the boundaries. I listen to the radio on face cartoon that opened the door to other "adult" my way to work every morning, and recently I have cartoons and shows like *Two and a Half Men*. Now *that* show really should go out and start seriously tered about every day. This doesn't really offend me looking for their lost boundaries. I'm a guy — I like

> 'm seriously thinking of buying Learplugs for my children... but then I'd have to unwrap all the bubble wrap I have wound around them...

a fart joke as much as my son — but c'mon Two Radio commercials are trying to cleverly use and a Half Men... grow up. You are not Two and a Half Adolescent Boys.

Even selling chewing gum seems to get the advertising agency juices flowing - comparing a gum purchase at a pharmacy to the purchase of condoms. Witty, yes, but still not something I want recall the product they were flogging. Now I like my daughter to see. I own a bookstore, so from this point on I am going to advertise my store featuring *Lady Chatterley's Lover*, the graphic novel, now available in full animation.

In all honesty, if I didn't have children I would probably appreciate these ads for what they were: trashy attempts to sell product - nothing more, Secret commercial had been playing when I was a nothing less. But the fact is that I do have children, and this blatant sexual innuendo bothers me. It bothers me because it is so pervasive. It's not just late night television anymore. Thank goodness for The truth in advertising is, this type is way over the



www.thehumm.com

June 2014



# Lucky Dog Book Launch

old when she started helping out of certainty, told me I was wrong." at the local vet clinic. And her asked of children, "What do you want to be when you grow up?" never changed. She always knew she was going to be a vet.

By the time she was 22, Sarah was indeed a doctor of veterinary medicine. She went on to become a veterinary surgeon and cancer specialist, first practising in western Canada and later teaching at universities in Canada, New Zealand and the U.S. She is now generally recognized as a major player in her specialty.

Her professional future looked rosy. Then, three years ago, the horizon clouded when she discovered a lump in her neck. She recognized the signs of thyroid cancer immediately, but her physicians treated her as an alarmist, possibly a hypochondriac who saw cancer round every corner, because she treated animals with cancer every day.

"From the moment I first felt the mass in my neck, I knew it was thyroid carcinoma," she writes. "Unfortunately, I was the only one who felt that way. Four

In Lucky Dog, Dr. Boston reanswer to the question, often counts her experiences with the medical profession, interspersed with stories about animals she has treated over the years. A fasfunny and moving memoir begins with a cryptic sentence: "I wish I were a dog."

> Had she been a dog, she explains, she would have received veterinary care - in fact, she



Author and veterinarian Dr. Sarah Boston will sign copies of her book at Mill Street Books in Almonte on June 21

Sarah Boston was just eight years physicians, with differing levels would probably have been the surgeon - and she would have been assured of immediate, effective treatment, rather than being left in the glacially slow limbo of the human medical system.

> Early reviews praise Lucky cinating page-turner, this warm, *Dog* for its "lively storytelling and wry, self-deprecating humor" (Publishers Weekly) and call it "a remarkable book - both howlingly funny and deeply moving" (Will Schwalbe, New York Times bestselling author).

> > Lucky Dog: How Being a Veterinarian Saved My Life, published by House of Anansi, has just been published in Canada and the U.S. and will shortly be available in Australia, New Zealand and Korea.

> > Dr. Boston, now an associate professor of surgical oncology at the University of Florida, will be at Mill Street Books in Almonte from 3–5PM on June 21 to talk about her experiences and her thoughts for her next book, and will sign copies of Lucky Dog.

> > For further information, contact Mary Lumsden at Mill Street Books, 52 Mill Street in Almonte (256 - 9090).

— Iris Winston is an Almonte writer and the proud mother of Sarah Boston.

Westport Centre for Creative Learning

**Upcoming Events** 

# **Healthy Living Festival**

The planning of the 2014 Smiths Falls Healthy Living Festival is moving into high gear, with lots of new and exciting activities to help people get their move on!

The festival planning committee has been hard at work finalizing plans for the June 21 event, including adding a brand new component: the Zendragon 3 on 3 Ball Hockey Tournament. The tournament is open to teams of four to six players (including a goalie), with several different age categories, to ensure no one is left out of this exciting event. With lots of prizes up for grabs, players won't be disappointed. The tournament begins at 9AM and ends at 4PM, the same time as the festival.

The cost is \$80 per team, with no more than six players to a team. This event will be a joint fundraiser for the Canadian Tire Jumpstart program and the 2015 Healthy Living Festival.

Once again, the festival will feature a Cardio Move-a-Thon, this year running from 10:30AM to noon, with lots of great instructors who are experts at keeping people engaged and moving for a full 90 minutes. This will also be a fundraiser for Jumpstart.

The Canadian Tire Jumpstart Program is a nationally registered charity dedicated to removing financial barriers so kids across Canada have the opportunity to get off the sidelines and into the game. All funds raised stay in the community in which they're raised, which means the Move-a-Thon and ball hockey tournament are two great ways to help give area kids a chance at participating in sports.

In addition to these two special events, the festival will also see the return of the rock climbing wall, bouncy castles and the obstacle course, and — this year — a children's joust. Visitors to the event will be delighted with the return of the Cow Guy busker, who will be bringing along two more buskers to delight the crowds. Live music will keep people entertained on Russell Street, which will be closed, along with Beckwith Street North and Main Street West. For more details about registration as well as information about the festival, please visit <healthysmithsfalls.ca>.

# June 2014

#### Music by the Pond King of the Swingers

June 29th 2 pm - 3:30 pm

Come and enjoy the lively and entertaining sounds and songs of the King of the Swingers! You will be inspired by the tenor banjo, upright bass, accordion, clarinet and more. This up-beat, swing feel and very energetic band will get you groovin'. Allow the King of the Swingers to elevate your spirit and entertain you through the entire show! Light refreshments will be included.

#### Circus Terrifico by Motus O Dance Theatre July 27<sup>th</sup> 2 pm – 3 pm

Come and enjoy a hilarious show by the nationally recognized Motus O. Cirrus Terrifico is a comedy about three circus performers boarding the train to their next show. A case of vanishing tickets, however, thwarts their plans and strands them on the platform. It takes every trick in the book (and their suitcases!) to create an impromptu show to raise money for new tickets. This is a hilariously energetic micro-version interpretations of the ballets, Sleeping Beauty and Swan Lake. Bring the family! Light refreshments will be included.

> Tickets for Performances: Online: Student: \$10 Adult: \$15 Family: \$25

#### Westport Centre for Creative Learning Westport, Ontario

For inquires or bookings please email info@centreforcreativelearning.com **REGISTER** at www.centreforcreativelearning.com

#### Workshops

Breakfast No-Bake Pies with Lynn Daniluk June 14th 1pm-4pm \$30.00

Come and enjoy an afternoon of healthy baking!! In this workshop you will have the opportunity to learn to make 3 of the desserts from Julie Daniluk's "Anti-Inflammatory Live-it". Julie, Lynn's sister, has written 2 cookbooks which are run-away Canadian best sellers. Lynn often collaborates with Julie so you will benefit from both of their inspiring expertise. By removing gluten, dairy and sugar from their diet many people are able to reduce pain, inflammation and weight. This workshop will give you an idea of how you can have a pain-free life and have your cake too!

#### Picture It! Photography with John Scully June 21st 10am-4pm \$65.00

Come and enjoy learning new photography techniques! Surrounded by the beautiful landscapes of Westport's own backyard you will enhance your skills in composition and photographic design, technical aspects, the language of photography, self-expression, basic editing and much more! This workshop will offer something for all those interested in expanding their photographic skills from the novice to the more experienced shooter.

#### Accommodation at the Centre

Enjoy your vacation or weekend getaway at this stunning country inn by coming to stay with us! With you in mind, we offer a beautiful natural setting, unique comfortable rooms with private ensuite, gorgeous gardens, a pool and serene pond with waterfalls. For a truly pampered experience we include a warm, hearty breakfast. All of our rooms are tastefully decorated with a blend of antique Chinese and Canadiana décor.









# **140 Singers Celebrate Together**

The Ottawa Valley Music Festival launches its 21st season on Saturday, June 7, with a very special two-concert Celebration of the Choirs event. Fans of choral music won't want to miss this exciting opportunity to hear not one but four Ottawa Valley choirs perform.

A wide variety of choral music will be presented at Grace Lutheran Church in Eganville. There will be an afternoon concert at 2:30рм and an evening concert at 7:30рм.

The Deep River Choral Group - fifty years old and featuring fifty singers — will share the afternoon performance with the Mackenzie Community School Secondary Choir, an eighteenvoice ensemble now in just its second season. Music for this performance will include folk and jazz, with modern pieces that are just establishing themselves as classics, alongside much-loved standards such as In The Mood and Hymn To Freedom. Both choruses are accompanied by Susan Morris.

Pembroke Community Choir is a fifty-voice choir directed by Gerald Laronde, and is one of the Valley's longest-standing performing arts organizations. They will be sharing the evening concert with the Ottawa Valley Music Festival Chorus, which consists of twenty-plus singers. Music for this concert will feature several spirituals and a variety of other religious music, including Franck's Psalm 150 and Mozart's De Profundis. Both choruses are accompanied by Darlene TerMarsch.

At the end of the evening concert, singers from all four choirs - over 140 voices - will join together in an arrangement of Marta Keen's Homeward Bound, a wistful conclusion to a day filled with choral delights.

Tickets are sure to sell out fast. Package tickets for both concerts are \$30 (\$15 for students); single concert tickets are \$20 (\$10 for students). Children 12 and under are admitted free.

Formoreinformation, please visit < ottawavalley music festival.ca> or call 754-5217.

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Tulips, tulips, tulips, everywhere tulips and what a fantastic display of color wherever you walk in Westport today.

Homeowners lovingly tend their gardandelions come out in great profusion! I love the yellow beauty, but am not so happy with the puffs and the rough greens that are left when the sunshine on the ground is gone.

#### by Georgia Ferrell

Words From Westpor

Never mind, we are looking forward to a wonderful summer with some super new events and the return of perennial favourites. First, there is the opening of the new Centre For Creative Learning, which is located just outside the village on Centerville Road, the site of the former Stepping Stone. If you missed the Open House in May, I am Creation on June 14 (\$25), Picture It! Photogra-<centreforcreativelearning.com>.

The Village of Westport will celebrate its heritage with a street festival on Saturday, June 14. Our small-town charm is shown off with the all-day Westport Heritage Festival, where vendors will display and sell their art, crafts, one-of-a-kind gifts and delicious homemade food. This event marks the 8<sup>th</sup> edition of this familyfriendly festival. Spend a relaxing day at the petting zoo or maybe have your face painted, and then go home with a freshly made strawberry/rhubarb pie.



CENTURY HOME IN ALMONTE! Your new home awaits! This beautiful home with

gingerbread trim is waiting for your family. 3 bedrooms, 11/2 bath. Master bedroom

includes dressing area! Hardwood flooring on main floor, with plenty of wood

charm. Fabulous family location — large fenced yard & deck. Charm of yesteryear with modern touches like central air.

Renovated bath, ceramic flooring & claw foot tub.

Come visit the Open House on Sunday, June 22, 2-4PM!

MLS #896596 154 Augusta Street, Almonte



Nicki Thacker has organized this event which "celebrates our success as a village and as a community. Westport is not immune to the ups and downs of the economy and what have you, but we dens as we are finally enjoying warm days persevere and are rewarded with a vibrant, vigorand good sun. Well, that also makes the ous village." The festival provides a chance to showcase the village charms to new people coming from Ottawa and Kingston.

> "Each year we marvel at the number of people that return," continues Thacker. It's been said before: nobody's a stranger very long in Westport."

> For more information, contact Nicki Thacker at 273-4780 or visit the event's Facebook page: <facebook.com/heritagewestport>.

> Great music events continue at The Cove (see details on page 16), as well as wonderful cuisine and camaraderie. Other great places for a tasty nosh include The Baker's Teahouse, The Tangled Garden, Steve's Restaurant, Cottage Coffee, and The Country Kitchen.

Some businesses are also planning great packsure that you can visit during the next months. ages for tourists, and the Chamber of Commerce Many workshops are offered, including **Collage** for Westport and the Rideau Lakes is working hard to make sure that the **Visitor Centre** at 1 Spring phy on June 21 (\$65) and Pen & Ink Drawing on Street (next to the library) is open and chock full the 28<sup>th</sup> (\$65), as well as weekly Painting, drawing of information about all the wonders that can be and textile workshops. For more information, see had in the Westport/Rideau Lakes area. For more details, visit <westportrideaulakes.on.ca>.



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Hardwood flooring; large

windows, open concept living

room with fireplace and sunny

sitting area. Cathedral ceilings,

fantastic features make this a

must see. Family and pet

friendly home. Access to

outdoors on each level.

Come visit the Open House

on Sunday, June 15, 2-4PM!

MLS #908637

759 Country Street, Almonte

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MLS #902837 219 Maple Drive, Clayton





# **Texting is for Lovers**

Disclaimer: Please consult your most level- Dear Awkward, email to <misswrite@thehumm.com>.

#### **Dear Miss Write.**

five years and, the week after our anniversary dinner, he broke up with me with a text. Is this OK? Shouldn't he have manned up to a face-to-face meeting? What do you think? Thank you for your insight,

- Simply Stunned

#### by Emily Arbour

#### Dear Simply Stunned,

Sounds to me like you didn't get the memo. It is okay to break up with someone via text so long as the relationship is less than seven years old or more than 27. To avoid future side-linings, I should also tell you it's now totally acceptable to tell postpartum women they look fat, abandon children on doorsteps, and turn right on reds in Montreal. Listen. You know the answer to this question. You don't need me or anyone else to tell you that this man is no man at all. He's a loser, baby. Why (oh **Dear Guilty Parents,** why!?) did you spend five-plus years with someone My parents (who read this column religiously becapable of such douchebaggery? My advice to you cause I am their favourite) are totally going to think

What I am going to suggest is pretty radical for a teenager. My advice? Stop caring! It feels so good! Oh my gosh it feels so good.

would be to pick yourself up, write him a scathing turn, have every right to say no. That is on them, my letter (don't you dare go grovelling), burn the letter along with anything else he may have left behind, and promise yourself to never let this happen again. There are always signs. Next time, let's try to catch them early, shall we?

#### Dear Miss Write,

I go to a small private school where the days are short because there aren't very many students. Whenever I'm doing errands with my mum during usual school hours for public schools, people ask me why I'm not in school and — if they assume I'm sick — why am I eating a cookie with a hot chocolate, they must wonder. I need a short answer that's easy to give to people when they ask, please. *— Awkward About School Questions* 

headed friend before heeding any of the I'm assuming you're of high school age, and I following advice. Got a question? Send an am just so thrilled that you have the good sense to read theHumm. Of course you go to a private school. You're obviously brilliant. Now pull up a chair, because this, my young friend, is some of I have been seeing this man for more than my very best, most life-altering advice. If I'm interpreting correctly, your biggest concern is that people think there's something odd about you not being in school at a regularly scheduled time. What I am going to suggest is pretty radical for a teenager. Honestly, I envy you because I didn't come to this realization until deep into my twenties. My advice? Stop caring! It feels so good! Oh my gosh it feels so good. But your question is what to say when folks boldly ask what you're doing out of school. Just tell the truth. Smile and say "My school is on a concentrated schedule. We get out earlier." And leave it at that.

#### Dear Miss Write,

We feel like we offload our kids to the grandparents too much. Should we feel guilty about this, or just enjoy the downtime? - Guilty Parents

I planted this one... but I'm glad to hear that there are other parents out there feeling guilty. Actually, I knew you were out there because it's my distinct impression that guilt and parenthood are synonymous. Here's what I think. As your parent's child, you have every right to ask for help with the kids. They, in

friend. The ball, as the tennis enthusiasts say, is in their court. You keep asking. Grammie's too weak to say no? Not your problemo. Enjoy every opportunity to relax that you can. And when mom and pop ask you for help a few years down the road, you be sure to jump off that couch and hop to it, son. Or, better yet, send the teenager!.

Emily Arbour is a freelance writer, mother, and shop owner who lives and works in Almonte. By no means is she an expert in anything but having an opinion and making things up. You can go ahead and take her advice, but you'd probably do just as well asking her dad how to say no to grandkids. Only difference is he doesn't have a column in this fine publication... or does he?

# Look your best for a wedding, reunion or anniversary! Facial Rejuvenation Acupuncture

This safe and non-surgical procedure increases circulation and stimulates collagen production, rejuvenating facial tissue. This gives the skin more tightness and elasticity, and helps to reduce sagging or puffy skin and wrinkles. There is no risk involved with this procedure, no downtime from work, and no side effects.

A research study published in the International Journal of Clinical

Acupuncture reported that, in a clinical trial of 300 people

who received facial acupuncture, 90% saw marked

results after one course of treatment.



Dr. Michaela Cadeau Doctor of Chiropractic

Call by June 30 for your free consultation. Reduce Double Chin • Eliminate Puffy Eyes **Tighten Pores • Eliminate Fine Lines** Raise Drooping Eyelids • Reduce Frown Lines Check out "Facial Acupuncture" on the Dr. Oz Show!

Hands on Healing 125 Bridge Street, Almonte, 613-256-0222

#### **Editor's Letter to Miss Write**

#### **Dear Miss Write.**

If 97% of Humm readers polled admit that they love your column, and 62.4% of those admit that they have a burning question they want to ask you, but only 14.39106% actually send in their questions, then my question to you is this: what percent of statistics are actually made up on the spot?

#### **Dear Readers**,

If reading Miss Write's helpful (and hilarious) advice is one of your guilty pleasures, visit <thehumm.com>, click on "Ask Miss Write" in the upper right-hand corner of any page, and submit a question. If you do so by Tuesday, June 10, we'll enter you into a draw for two tickets to the performance of **Doc Wuther**gloom's Haunted Medicine Show on Friday, June 13 at the Textile Museum in Almonte. This "ghoulish spectacularama" (suitable for ages 16 and up) features a 142-year-old travelling exorcist, his cabal of chilling puppets, and a cavalcade of dark parlour magic.

Don't miss out! Ask Miss Write today!

#### Celebrate Our River Saturday Paddles Dip your paddle in our beautiful rivers this summer!

Jun 7 Bonnechere River Wilber Lake to Eganville Paddle, Local Food & Entertainment

- Jun 14 Snake River Paddle
- Jun 21 Bonnechere River Renfrew to Ottawa River Paddle & Clean-up
- Jul 12 Bonnechere River Eganville to Fourth Chute Paddle & Fiddle & optional Bonnechere Caves BBQ & Fiddle Do

Aug 9 Madawaska River Calabogie to Burnstown Paddle & Fiddle & optional Neat BBQ and

Music of MERA



CELEBRATE

Fiddle Do For Paddle Details visit: www.BonnechereRiver.ca/brwp-events



breathing airs of brilliance behind a variety of foregrounds." Steve Fruitman CIUT Radio

CONTARIO ARTS COUNCIL

Sunday, June 29th, 2 pm at MERA Schoolhouse, McDonald's Corners

> Advance Tickets \$22 (service fee ) Available at Tickets Please 39 Foster St. in Perth (Jo's Clothes) online at www.ticketsplease.ca or by phone at 613-485-6434

Upcoming Music Events: Pacific Tunesmiths: David Ross MacDonald & Miss Emily Brown Saturday, July 12th, 8 pm - Full-Circle Theatre, Perth **The Celtic Rathskallions** 

Sunday, August 24th, 2 pm - MERA Schoolhouse, McDonald's Cors.



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# June, Mississippi Mills

A month of bicycle-inspired events; join us for themed tours, films, polo, and an opening weekend grand prix. Prizes to be won and fun activities for all ages! www.mmbm.ca





Three days and nights celebrating the Valley's Celtic roots, culminating in music, song and dance in Gemmill Park on July 5 & 6. Admission by donation. www.almonteceltfest.com

#### International Puppet Festival



Come for our 10<sup>th</sup> Birthday Celebration! Puppet troupes perform in tent theatres, with musicians, clowns and a puppet parade on the street! www.puppetsup.ca



#### 31<sup>st</sup> North Lanark Highland Games *August 23, Almonte*

Join in celebrating Scottish culture and the heritage of the Ottawa Valley with pipe bands, dancers and athletes. www.almontehighlandgames.com

#### Canada Day Celebrations

STI DA

June 30 in Pakenbam, July 1 in Almonte

Live entertainment, activities for all ages and fantastic fireworks! New this year: Antique Car Show in downtown Almonte on July 1 www.exploremississippimills.ca



The 156<sup>th</sup> Fair has entertainment, midway, livestock shows and homecraft displays all weekend, and Demolition Derby Friday evening. This year's theme is "Sew it. Grow it. Show it." www.almontefair.ca



#### Pakenham Fair August 16, Pakenbam

Animal, craft and horticultural shows, local food and fun for all ages! This year's theme is "Dog Days of Summer." www.exploremississippimills.ca



A fabulous two-day festival of the Fibre Arts that includes demonstrations, vendors, performances, quilt exhibits and much more. **www.mvtm.ca** 

For more information, please call 613-256-3881, or visit www.exploremississippimills.ca



